



Kenya Swimming Federation

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Nyayo Aquatic Complex Nairobi West.
P.O. Box 14315, 00800, Westland Nairobi, Kenya.

ksf@wananchi.com

30 September 2009

Dear Federations Presidents;

South Africa, Angola, Botswana, Lesotho, Malawi, Mozambique, Namibia, Swaziland, Tanzania, Uganda, Zambia, Zimbabwe, Djibouti, Comoros, Burundi, Rwanda, Madagascar, Ethiopia, Mauritius, Congo, Sudan, Somalia and Seychelles

**CANA ZONE 3 AND 4 SWIMMING CHAMPIONSHIPS
8 - 10 January 2010, Nairobi, Kenya.**

Kenya Swimming Federation is privileged to host the CANA Zone 3 and 4 Swimming Championships. It is a great pleasure for us to extend a warm invitation to your federation to participate in the swimming event which will be held at the **Moi International Sports Centre Kasarani Aquatic Centre, Nairobi from the 8 - 10 January 2010.**

Please join us and enjoy the hospitality of Nairobi the Green city in the sun, the only City in the world with a National Park. Our Organizing Committee is hard at work to ensure not only an excellent event, but that your participation and visit to Kenya will be very exciting and memorable.

Please complete the attached Intention to Compete form indicating your federation's desire to compete and return to the **Event Management Attn: Ben Ekumbo** fax +254 6096612 or email to ksf@wananchi.com and ekumbub@yahoo.com, before **Tuesday October 20th 2009**. If you decide to attend the CANA Zone 3 and 4 Swimming Championships, your delegation maybe required to show a visa upon entering Kenya. For further information on visa requirements, please contact the Kenyan Embassy or High Commission in your country. If you encounter any difficulties regarding visa applications, forward a list of Team Members detailing passport numbers, issue and expiry dates. All Teams will be accommodated at the Kasarani Sports Complex Hostels. The Hostels Accommodation is secure and similar to a 3 star Hotel. Double and single rooms are available. Accommodation rate is USD\$ 65 per person per day. Kindly send us your Team list no later than 30th October 2009 for us to secure your bookings.

If you have any questions regarding the CANA Zone 3 and 4 Swimming Championships in Nairobi, do not hesitate to contact the **Event Management, using** the contact details above.

Looking forward to seeing you in Nairobi.

Yours in swimming,

Chairman
Kenya Swimming Federation

Chairman: Ben Ekumbo, 1st Vice Chairman; Patrick Muya, Secretary General, Job Kania, Treasurer: David Ngugi, Members Issack Musembi, Winnie Kamau, Omondi Otieno, Carol Nzioki, Rosa Okwaro, Fahkry Mansoor, Booker Otieno, Sally Ndiri Peter Njuguna, Hon. Life Member Aish Jeneby, Executive Officer Collins Marigiri