

6th ZONE IV INVITATIONAL SWIMMING CHAMPS 2009 - 08/01/2009 to 11/01/2009

Ellis Park Johannesburg

Results

#1 Women 14&U 400 Meter Free

Name	Age	Team	Finals Time
1 Maclean, Jessie	14	MAW	5:09.85
	1:11.28	2:30.72	3:51.07
			5:09.85
2 Taute, Shannon	14	ZIM	5:20.13
	1:13.07	2:34.76	3:59.18
			5:20.13
3 Hess, Nina	12	RSA	5:22.63
	1:15.53	2:37.98	4:01.78
			5:22.63
4 Lourenco, Raquel	13	MOZ	5:23.24
	1:13.42	2:36.96	4:02.25
			5:23.24
5 Bruce, Avalon	12	ZIM	5:34.43
	1:17.24	2:44.10	4:12.23
			5:34.43
6 Huddle, Charis	12	ZAM	5:35.56
	1:16.67	2:43.07	4:10.43
			5:35.56
7 Combrink, Tiffany A	12	RSA	5:37.31
	1:16.22	2:43.05	4:11.76
			5:37.31
8 Salate, Faina	14	MOZ	5:38.70
	1:15.35	2:41.98	4:10.23
			5:38.70
9 Graybill, Sophia A	13	ZAM	5:40.59
	1:18.36	2:44.65	4:13.33
			5:40.59
10 Williams, Tara	13	BOTS	5:48.29
	1:18.75	2:46.99	4:19.17
			5:48.29
11 Munna, Courtney	12	BOTS	6:12.78
	1:23.30	2:58.27	6:12.78
12 Chambers, Cydney	14	SWZ	6:31.28
	1:22.02	3:00.11	4:45.51
			6:31.28
--- Millin, Kathryn	14	SWZ	DQ
	Did not finish		
	1:16.96	2:40.38	

#2 Men 14&U 400 Meter Free

Name	Age	Team	Finals Time
1 Finch, Joshua R	13	RSA	4:44.66
	1:09.19	2:21.85	3:33.74
			4:44.66
2 Van Schalkwyk, Morn	14	RSA	4:57.12
	1:08.42	2:22.59	3:37.95
			4:57.12
3 Gomes, Nuno	12	MOZ	5:19.12
	1:08.75	2:28.72	3:53.03
			5:19.12
4 Champier, Claude	13	MOZ	5:22.37
	1:11.53	2:35.22	4:01.64
			5:22.37
5 Hamer, Hannes	13	SWZ	5:25.21
	1:13.35	2:38.15	4:03.49
			5:25.21
6 du Pont, Quenton	14	SWZ	5:30.02
	1:14.83	2:40.21	4:08.74
			5:30.02
7 Talbot, Sean	13	BOTS	5:30.09
	1:15.65	2:44.27	4:13.31
			5:30.09
8 Gunter, Jandre	12	ZAM	6:25.43
	1:18.69	2:57.67	4:43.10
			6:25.43
--- Marshall, Sloane	13	ZIM	DQ
	False start		
	1:07.80	2:22.49	3:42.60

#3 Women 15&O 400 Meter Free

Name	Age	Team	Finals Time
1 Franklin, Sharné	18	RSA	4:45.89
	1:08.58	2:21.26	3:33.43
			4:45.89

2 Kay, Sarah	17	RSA	4:51.57
	1:08.02	2:21.14	3:36.23
			4:51.57
3 Ghorpade, Arti	17	IND	4:51.82
	1:08.70	2:21.80	3:36.65
			4:51.82
4 Stagno, Gessica	15	MOZ	5:21.50
	1:11.93	2:35.46	3:59.49
			5:21.50
5 Beukes, Pamelyn	19	BOTS	5:25.90
	1:10.60	2:32.63	3:59.22
			5:25.90
6 Jordaan, Michelle M	15	ZAM	5:47.56
	1:19.27	2:48.52	4:20.22
			5:47.56
7 Pinto, Zahra	15	MAW	5:47.61
	1:17.73	2:46.33	4:19.34
			5:47.61
8 Dingle, Sandra A	15	ZAM	5:48.91
	1:20.13	2:50.28	4:21.69
			5:48.91
9 Kastner, Cassandra	17	SWZ	5:53.78
	1:15.09	2:47.39	4:24.86
			5:53.78
10 Dlamini, Senele	16	SWZ	5:54.06
	1:18.67	2:48.06	5:54.06
11 Walker, Gemma	15	MAW	6:02.14
	1:18.07	2:48.54	6:02.14

#4 Men 15&O 400 Meter Free

Name	Age	Team	Finals Time
1 Lawson, Matthew	15	ZIM	4:26.16
	29.74	1:02.20	1:34.68
			2:07.65
	2:41.04	3:15.79	3:51.20
			4:26.16
2 Marais, David	17	RSA	4:34.61
	30.50	1:04.70	1:40.10
			2:16.32
	2:51.76	3:27.75	4:02.54
			4:34.61
3 Maclean, TJ	17	MAW	4:35.70
	31.04	1:05.81	1:41.10
			2:16.79
	2:52.55	3:28.08	4:03.07
			4:35.70
4 Stirling, Scott	17	ZIM	4:36.74
	30.69	1:04.79	1:40.30
			2:15.77
	2:51.93	3:28.07	4:03.09
			4:36.74
5 Wesso, Dean C	15	RSA	4:42.64
	30.95	1:04.45	1:39.49
			2:15.75
	2:51.90	3:28.31	4:04.78
			4:42.64
6 Maclean, Mitch	16	MAW	4:50.67
	32.07	1:08.18	1:45.25
			2:22.40
	2:59.61	3:37.66	4:14.87
			4:50.67
7 Mackintosh, Cameron	15	ZAM	5:08.83
	30.54	1:05.96	1:45.01
			2:25.05
	3:06.21	3:46.80	4:28.27
			5:08.83
8 Linder, Rasmus	15	TAN	5:21.11
	1:12.36		2:36.62
			3:19.92
	4:02.66	5:21.11	
9 Xaba, Mduduzi	19	SWZ	5:21.57
	1:11.58		2:35.48
			3:19.90
	4:02.95	5:21.57	
10 Beukes, Johannes	16	BOTS	5:36.32
	31.82	1:07.60	1:48.52
			2:32.77
	3:19.32		4:52.85
			5:36.32
11 Nhlabatsi, Sanele	16	SWZ	5:45.36
	1:20.26		2:50.47
			3:34.04
	4:19.97	5:45.36	

12 Mukuka, Mukuka M	20	ZAM	5:47.93
	1:16.72		2:48.06
			3:34.10
	4:20.51	5:47.93	

#5 Women 10&U 50 Meter Breast

Name	Age	Team	Finals Time
1 Hadebe, Khethiwe U	10	RSA	42.24
2 Tafatatha, Joyce	10	MAW	42.64
3 Bonders, Paula	10	UGA	44.01
4 Van Der Nest, Niamh	10	ZIM	44.06
5 Bosma, Caitlin B	10	RSA	44.91
6 Walter, Annie	10	TAN	45.72
7 Gil, Paula	10	BOTS	46.47
8 Muhebwa, Tyler Sharc	10	UGA	46.90
9 Tuteja, Rhea	10	ZAM	47.05
10 Pearmain, Caroline	10	BOTS	47.76
11 Michaelo, Ambaar	10	KEN	48.32
12 Lee, Robyn	10	ZIM	48.52
13 Huddle, Naomi	10	ZAM	48.69
14 Isikson, Kayleigh	10	MAW	49.38
15 Almoco, Macrina	10	MOZ	49.92
16 Here, Melina	10	MOZ	52.69
17 Manning, Nicola	9	TAN	53.34
18 Njoroge, Yvonne	10	KEN	59.06

#6 Men 10&U 50 Meter Breast

Name	Age	Team	Finals Time
1 Koekemoer, MJ J	10	RSA	38.86
2 Bique, Ahllan	9	MOZ	42.55
3 Matija, Kitso	10	BOTS	42.93
4 Ndonga, Samual	10	KEN	43.97
5 Bradford, Sam	10	ZIM	44.66
6 Brown, Andrew E	10	RSA	44.74
7 Frost, Sheldon	10	BOTS	46.27
8 Price, Stuart	10	ZIM	46.57
9 Reeves, Andre	10	ZAM	47.23
10 Tavares, Jalik	9	MOZ	48.09
11 Stulich, Jordan	10	MAW	48.16
12 McGarth, Martyn	10	MAW	49.01
13 Matiba, Martyn	10	KEN	49.04
14 Dom, Christian	9	TAN	51.41
15 Zulu, Zacharia	7	ZAM	53.64
--- Kisulo, Arnold	10	UGA	NS

#7 Women 11-12 50 Meter Breast

Name	Age	Team	Finals Time
1 Hess, Nina	12	RSA	37.85
2 Saleh, Sehar	12	KEN	38.15
3 Lunkuse, Jamila	12	UGA	38.30
4 Lindsay-White, Kende	12	ZIM	38.62
5 Wood, Zeena P	12	RSA	39.63
6 Paljk, Tilka	11	ZAM	39.79
7 Stead, Savannah	12	ZIM	40.07
8 Schuler-Weltin, Ayla J	12	ZAM	40.14
9 Francisco, Justania	12	MOZ	40.86
10 Van Droogenbroeck, J	11	UGA	41.84
11 Bique, Jannat	11	MOZ	43.55

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#7 Women 11-12 50 Meter Breast

12	Gauna, Gina	12	MAW	44.21
*13	Ebineng, Seabe	11	BOTS	44.40
*13	Richter, Aimelee	11	SWZ	44.40
15	Opperman, Reine	11	TAN	44.70
16	Buchanan, Macayla	12	TAN	44.74
17	Ogot, Akinyi	12	KEN	44.86
18	Opiyo, Martha	11	KEN	45.02
19	Louw, Anina	12	SWZ	45.30
20	Matija, Tara	12	BOTS	45.71
21	Saword, Chikondi	12	MAW	48.95

#8 Men 11-12 50 Meter Breast

Name	Age	Team	Finals Time	
1	Basson, Alard D	12	RSA	36.77
2	Pritchard, Connor	12	ZIM	37.07
3	Molefinyane, Kgosi	12	BOTS	37.40
4	Goveia, Ralph W	12	ZAM	38.85
5	Ngoga, Thomas	12	MAW	39.04
6	Vaghela, Shivraj	12	KEN	39.57
*7	Briscoe, Steven	12	BOTS	39.80
*7	Nugent, Anthony	12	UGA	39.80
9	Hawley, Chad	11	SWZ	42.12
10	Fakir, Shakil	11	MOZ	42.52
11	Kafaar, Nizaam	12	RSA	43.01
12	Ngwenya, Lebo	12	ZIM	43.88
13	Burley, Tom	11	UGA	44.71
14	Doyle, Liam J	11	ZAM	46.09
15	Richter, GJ	12	SWZ	46.78

#9 Women 13-14 50 Meter Breast

Name	Age	Team	Finals Time	
1	Esterl, Nadine	14	MAW	36.29
2	Bond, Amy	14	ZIM	38.77
3	Howard, Jade A	13	ZAM	39.31
4	Henriques, Mariana	14	ANG	39.51
5	Findlay, Dani B	14	ZAM	39.90
6	Millin, Kathryn	14	SWZ	40.36
7	Schalken, Frederike	13	NAM	40.80
8	Ebineng, Duduetsang	13	BOTS	41.38
9	Imsirovic, Bonita	13	BOTS	41.39
10	Walter, Shauna	14	TAN	41.68
11	Sonia, Cege	14	KEN	41.86
12	Foum, Mariam	14	TAN	42.16
13	Brown, Holly	14	ZIM	42.72
14	Oruya, Soraya	14	KEN	43.10
15	Meadan-Torbitt, Anna	13	NAM	43.52
16	Saywood, Melanie	14	MAW	44.66
17	Chambers, Cydney	14	SWZ	44.97
18	Adams, Maya	13	UGA	46.33
19	Lubega, Annabel	13	UGA	57.42

#10 Men 13-14 50 Meter Breast

Name	Age	Team	Finals Time	
1	Duers, Ryan	14	MAW	33.80
2	Rosser, Dylan	13	ZIM	33.85

3	Lawson, James	13	ZIM	33.91
4	Kurukulasooriya, Ash	13	BOTS	35.06
5	Finch, Joshua R	13	RSA	36.75
6	Silent, Josh R	14	RSA	37.09
7	Bhandhair-Singh, Mur	13	ZAM	37.89
8	du Pont, Quenton	14	SWZ	37.97
9	Lamprecht, Christiaan	13	NAM	38.80
10	Wood, Kyle	13	BOTS	39.22
11	Hamer, Hannes	13	SWZ	39.34
12	Reeves, Marcus W	13	ZAM	44.03

#11 Women 15-16 50 Meter Breast

Name	Age	Team	Finals Time	
1	Lindemeier, Daniela	16	NAM	35.96
2	Plumstead, Hayley P	16	RSA	36.56
3	Moir, Crystal	15	ZAM	36.73
4	Stack, Anne	15	ZIM	38.43
5	McGrath, Camilla	16	MAW	40.32
6	Jordaan, Michelle M	15	ZAM	41.24
7	Dlamini, Senele	16	SWZ	41.26
8	Langton, Ashley	15	ZIM	41.40
9	Kopsieker, Lisa	16	KEN	41.41
10	Viljoen, Michelle	16	BOTS	41.50
11	Pinto, Zahra	15	MAW	41.62
12	Mogne, Tamires	16	MOZ	42.15
13	Weya, Samantha	16	KEN	43.83
14	Van Der Colff, Deand	15	BOTS	43.93
15	Archer, Elisa	15	MOZ	47.10

#12 Men 15-16 50 Meter Breast

Name	Age	Team	Finals Time	
1	Rosser, Drew	15	ZIM	32.45
2	Fredericks, Kern C	16	RSA	32.87
3	Newton, Jarryd M	16	RSA	33.15
4	Mukuka, Chishala M	15	ZAM	33.34
5	Zinyemba, Tatenda	15	ZIM	33.88
6	Nhlabatsi, Sanele	16	SWZ	34.10
7	Kulikowski, Boris	15	NAM	34.57
8	Bhandhair-Singh, Jasb	15	ZAM	34.80
*9	Beukes, Johannes	16	BOTS	34.90
*9	Kakooza, Sharif	16	UGA	34.90
11	Lourenco, Marco	16	BOTS	36.22
12	Shah, Akshay	16	KEN	36.35
13	Tivane, Francisco	15	MOZ	36.48
14	Daisuke, Ronald	15	UGA	36.51
15	Odede, Anthony	16	KEN	37.50

#13 Women 17&O 50 Meter Breast

Name	Age	Team	Finals Time	
1	Franklin, Sharné	18	RSA	37.63
2	Kay, Sarah	17	RSA	38.81
3	Beukes, Pamelyn	19	BOTS	39.17
4	Craig, Christy	17	ZAM	42.59
5	Weltin, Tonia N	38	ZAM	42.90
6	Kastner, Cassandra	17	SWZ	45.15

#14 Men 17&O 50 Meter Breast

Name	Age	Team	Finals Time	
1	Marais, David	17	RSA	29.92
2	Ferris, Timothy	18	ZIM	31.72
3	Gibson, Mathew	26	BOTS	32.11
4	Kruger, Juandre	17	RSA	32.41
5	Derry, Alexander	19	ZIM	33.41
6	McGrath, Nathan	17	MAW	33.66
7	Thompson, Mark P	18	ZAM	33.94
8	Boitumelo, Balesang	28	BOTS	34.51
9	Sililo, Mmbalo S	19	ZAM	35.95
10	Rushaka, Khalid	28	TAN	38.19
11	Xaba, Mduduzi	19	SWZ	39.25
12	Makere, Samson	33	TAN	39.30

#15 Women 10&U 100 Meter Back

Name	Age	Team	Finals Time	
1	Hadebe, Khethiwe U	10	RSA	1:23.80
	40.81		1:23.80	
2	Lee, Robyn	10	ZIM	1:25.67
	40.76		1:25.67	
3	Tafatatha, Joyce	10	MAW	1:27.03
	41.31		1:27.03	
4	Macfarlane, Courtney	10	RSA	1:29.72
5	Van Hoppe, Stephanie	10	TAN	1:31.90
	42.22		1:31.90	
6	Isikson, Kayleigh	10	MAW	1:33.40
	44.15		1:33.40	
7	Duke, Saskia	10	BOTS	1:35.40
	45.96		1:35.40	
8	Pinkney, Laura A	10	ZAM	1:37.39
	44.43		1:37.39	
9	Walter, Annie	10	TAN	1:38.83
	46.01		1:38.83	
10	Fields, Anita	10	KEN	1:40.54
	44.06		1:40.54	
11	Mutangadura, Ratidzo	10	ZIM	1:43.85
	47.31		1:43.85	
12	Adams, Cinda	10	UGA	1:46.26
13	Huddle, Naomi	10	ZAM	1:46.44
	51.12		1:46.44	
14	Almoco, Macrina	10	MOZ	1:54.05
	54.96		1:54.05	
---	Michaelo, Ambaar	10	KEN	NS

#16 Men 10&U 100 Meter Back

Name	Age	Team	Finals Time	
1	Du Toit, Martin	10	BOTS	1:24.15
	40.82		1:24.15	
2	Van Niekerk, Kyle	10	RSA	1:26.63
	41.93		1:26.63	
3	Donker, Tommy	10	MAW	1:28.89
	43.25		1:28.89	
4	Bique, Ahllan	9	MOZ	1:31.16
5	Cuna, Emidio	10	MOZ	1:31.71
	47.05		1:31.71	

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#16 Men 10&U 100 Meter Back

Name	Age	Team	Finals Time
6 Price, Stuart	10	ZIM	1:31.88
	44.67		1:31.88
7 Brown, Andrew E	10	RSA	1:32.63
	44.10		1:32.63
8 Cyprianos, Brendon	10	ZIM	1:34.76
	45.39		1:34.76
9 Matija, Kitso	10	BOTS	1:37.26
	44.85		1:37.26
10 Muhebwa, Theodore	9	UGA	1:37.47
	49.55		1:37.47
11 Dom, Christian	9	TAN	1:40.47
	49.14		1:40.47
12 McGarth, Martyn	10	MAW	1:47.66
	51.98		1:47.66
13 Reeves, Andre	10	ZAM	1:49.42
	51.57		1:49.42
14 Sakala, Kachosi	9	ZAM	1:55.82
	57.31		1:55.82
--- Ndonga, Samuel	10	KEN	NS
--- Matiba, Martyn	10	KEN	NS

#17 Women 11-12 100 Meter Back

Name	Age	Team	Finals Time
1 Huddle, Charis	12	ZAM	1:17.03
	37.08		1:17.03
2 Van der Venter, Aelke	12	RSA	1:17.96
	38.52		1:17.96
3 Els, Johanre J	11	RSA	1:19.05
	38.69		1:19.05
4 Bruce, Avalon	12	ZIM	1:22.28
	39.70		1:22.28
5 Bique, Jannat	11	MOZ	1:23.43
	40.17		1:23.43
6 Ruele, Naomi	11	BOTS	1:24.55
	39.46		1:24.55
7 Chungu, Jasmine P	12	ZAM	1:25.02
	40.94		1:25.02
8 Catterall, Bree	11	ZIM	1:25.46
9 Francisco, Justania	12	MOZ	1:28.00
	42.79		1:28.00
10 Dom, Natasha	12	TAN	1:28.76
	40.98		1:28.76
11 Munna, Courtney	12	BOTS	1:31.06
	43.30		1:31.06
12 Tejpar, Ariana	12	KEN	1:34.18
13 Pinto, Ammara	12	MAW	1:35.26
	46.21		1:35.26
14 Opiyo, Martha	11	KEN	1:35.32
	47.04		1:35.32
15 Buchanan, Macayla	12	TAN	1:35.50
	45.80		1:35.50
16 Gauna, Gina	12	MAW	1:36.12
17 Shah, Khyati	12	KEN	1:37.06
	46.04		1:37.06

18 Ibrahim, Zainab A	11	UGA	1:39.30
	47.32		1:39.30
19 Richter, Aimelee	11	SWZ	1:39.59
	46.77		1:39.59

#18 Men 11-12 100 Meter Back

Name	Age	Team	Finals Time
1 Gomes, Nuno	12	MOZ	1:13.70
	34.97		1:13.70
2 Kloppers, Johannes	12	ZIM	1:16.81
	37.13		1:16.81
3 Ngoga, Thomas	12	MAW	1:17.17
	37.56		1:17.17
4 Manisekaran, Thinesh	12	BOTS	1:18.27
	36.95		1:18.27
5 Basson, Alard D	12	RSA	1:19.98
	39.48		1:19.98
6 Goveia, Ralph W	12	ZAM	1:20.52
	38.57		1:20.52
7 Fakir, Shakil	11	MOZ	1:20.86
8 Berkarma, Devon	12	ZAM	1:21.79
	39.25		1:21.79
9 Davids, Tashreeq T	12	RSA	1:23.93
	40.37		1:23.93
10 Burley, Tom	11	UGA	1:24.95
	40.80		1:24.95
11 Van Der Colff, David	11	BOTS	1:28.03
	42.75		1:28.03
12 Ngwenya, Lebo	12	ZIM	1:29.21
	43.25		1:29.21
13 Lamprecht, Lushano	11	NAM	1:29.71
	44.46		1:29.71
14 Hawley, Chad	11	SWZ	1:30.81
	44.16		1:30.81
15 Richter, GJ	12	SWZ	1:31.54
--- Vaghela, Shivraj	12	KEN	DQ
	Shoulders past vertical toward breast		
	37.69		DQ

#19 Women 13-14 100 Meter Back

Name	Age	Team	Finals Time
1 Bhandekar, Kavya	13	IND	1:15.94
	36.98		1:15.94
2 Howard, Jade A	13	ZAM	1:17.28
	37.27		1:17.28
3 Findlay, Dani B	14	ZAM	1:17.40
	36.77		1:17.40
4 Lanoe, Talisa	14	KEN	1:18.29
	36.93		1:18.29
5 Cossa, Jessica	13	MOZ	1:18.52
	38.02		1:18.52
6 Salate, Faina	14	MOZ	1:19.39
	37.76		1:19.39
7 Brown, Holly	14	ZIM	1:20.64
	39.00		1:20.64
8 Walter, Shauna	14	TAN	1:20.86
	37.93		1:20.86

9 Meadan-Torbitt, Anna	13	NAM	1:21.81
	38.38		1:21.81
10 Millin, Kathryn	14	SWZ	1:21.92
	39.46		1:21.92
11 Esterl, Nadine	14	MAW	1:22.77
	37.83		1:22.77
12 Arendse-Gorvala, Joy	13	RSA	1:23.33
	40.81		1:23.33
13 Chambers, Cydney	14	SWZ	1:25.16
	40.70		1:25.16
14 Williams, Tara	13	BOTS	1:26.02
15 Saywood, Melanie	14	MAW	1:26.74
16 Kleynhans, Dalene	13	BOTS	1:26.95
	41.27		1:26.95
17 Taute, Shannon	14	ZIM	1:27.16
18 Sonia, Cege	14	KEN	1:30.80
	42.80		1:30.80
19 Foum, Mariam	14	TAN	1:35.21
	44.03		1:35.21

#20 Men 13-14 100 Meter Back

Name	Age	Team	Finals Time
1 Finch, Joshua R	13	RSA	1:07.43
	33.15		1:07.43
2 Price, Trevor	14	ZIM	1:10.37
	34.31		1:10.37
3 Marshall, Sloane	13	ZIM	1:12.30
	35.03		1:12.30
4 Coroa, Edson	14	MOZ	1:15.04
	35.73		1:15.04
5 Webb, David	14	MAW	1:15.71
	35.86		1:15.71
6 Silent, Josh R	14	RSA	1:15.81
	37.07		1:15.81
7 Wilken, Thomas J	14	ZAM	1:16.47
	36.70		1:16.47
8 du Pont, Quenton	14	SWZ	1:18.01
	37.23		1:18.01
9 Hamer, Hannes	13	SWZ	1:19.24
	38.01		1:19.24
10 Coetzee, Jano	14	NAM	1:20.75
	37.79		1:20.75
11 Bhandhair-Singh, Mur	13	ZAM	1:22.68
	39.34		1:22.68
12 Talbot, Sean	13	BOTS	1:23.13
	39.14		1:23.13
13 Lamprecht, Christiaan	13	NAM	1:23.88
	40.41		1:23.88

#21 Women 15-16 100 Meter Back

Name	Age	Team	Finals Time
1 Plumstead, Hayley P	16	RSA	1:09.90
	33.58		1:09.90
2 Carvalho, Ruth	16	ANG	1:14.56
	36.77		1:14.56
3 Stagno, Gessica	15	MOZ	1:16.74
	36.67		1:16.74

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#21 Women 15-16 100 Meter Back

Name	Age	Team	Finals Time
4 Viviers, Roxanne	15	ZIM	1:18.30
	37.36	1:18.30	
5 Dlamini, Senele	16	SWZ	1:19.78
	38.28	1:19.78	
6 Chabedi, Reabetswe	15	RSA	1:20.12
	39.61	1:20.12	
7 Grendon, Daena	16	ZAM	1:21.12
	37.60	1:21.12	
8 Whitehead, Lauren	16	ZIM	1:22.44
	39.62	1:22.44	
9 Kopsieker, Lisa	16	KEN	1:23.22
	40.49	1:23.22	
10 Walker, Gemma	15	MAW	1:24.53
	40.91	1:24.53	
11 Jordaan, Michelle M	15	ZAM	1:24.98
	40.04	1:24.98	
12 Pinto, Zahra	15	MAW	1:26.19
	41.88	1:26.19	
13 Van Der Colff, Deandi	15	BOTS	1:27.24
	42.04	1:27.24	

#22 Men 15-16 100 Meter Back

Name	Age	Team	Finals Time
1 Wesso, Dean C	15	RSA	1:05.75
	32.52	1:05.75	
2 Fredericks, Kern C	16	RSA	1:08.78
	33.36	1:08.78	
3 Schultz, Jamie	16	ZIM	1:09.45
	33.45	1:09.45	
4 Maclean, Mitch	16	MAW	1:10.32
	33.25	1:10.32	
5 Schurz, Tim	15	ZAM	1:11.31
	34.08	1:11.31	
6 Mackintosh, Cameron	15	ZAM	1:12.60
	34.19	1:12.60	
7 Beukes, Johannes	16	BOTS	1:12.86
	34.20	1:12.86	
8 Lourenco, Marco	16	BOTS	1:12.94
	35.13	1:12.94	
9 Yeomans, Gareth	16	ZIM	1:13.63
	34.37	1:13.63	
10 Alberto, Carlos	15	ANG	1:13.73
	35.01	1:13.73	
11 Linder, Rasmus	15	TAN	1:15.22
	36.18	1:15.22	
12 Shah, Rushab	15	KEN	1:17.68
	36.25	1:17.68	
13 Nhlabatsi, Sanele	16	SWZ	1:26.31
	41.67	1:26.31	

#23 Women 17&O 100 Meter Back

Name	Age	Team	Finals Time
1 Plumstead, Keri J	18	RSA	1:10.85
	33.34	1:10.85	

2 Ghorpade, Arti	17	IND	1:13.37
	35.35	1:13.37	
3 Beukes, Pamelyn	19	BOTS	1:15.33
	36.52	1:15.33	
4 Millar, Kirstie	17	MAW	1:22.05
5 Chinchon, Annabelle	17	MAW	1:24.51
	39.22	1:24.51	
6 Lourens, Bianca C	13	ZAM	1:25.60
	42.76	1:25.60	
7 Kastner, Cassandra	17	SWZ	1:28.03
	40.92	1:28.03	
8 Weltin, Tonia N	38	ZAM	1:29.12
	43.48	1:29.12	

#24 Men 17&O 100 Meter Back

Name	Age	Team	Finals Time
1 Marais, David	17	RSA	1:05.82
	31.94	1:05.82	
2 Maclean, TJ	17	MAW	1:07.00
	32.27	1:07.00	
3 Mweetwa, Milimo	19	ZAM	1:07.19
	31.88	1:07.19	
4 Desmond, Timothy T	18	ZIM	1:09.44
	32.90	1:09.44	
5 Derry, Alexander	19	ZIM	1:10.05
	33.99	1:10.05	
6 McGrath, Nathan	17	MAW	1:11.76
	35.51	1:11.76	
7 Wilken, Patrick M	17	ZAM	1:12.61
	33.75	1:12.61	
8 Gibson, Mathew	26	BOTS	1:20.48
	38.19	1:20.48	
9 Xaba, Mduduzi	19	SWZ	1:22.37
	38.13	1:22.37	

#25 Women 10&U 50 Meter Fly

Name	Age	Team	Finals Time
1 Lopes, Demi F	10	RSA	33.99
2 Hadebe, Khethiwe U	10	RSA	36.39
3 Tafatatha, Joyce	10	MAW	38.31
4 Isikson, Kayleigh	10	MAW	38.39
5 Muhebwa, Tyler Sharc	10	UGA	39.30
6 Lee, Robyn	10	ZIM	39.44
7 Kamau, Rebecca	10	KEN	40.96
8 Mutangadura, Ratidzo	10	ZIM	41.15
9 Richardson, Coralie	10	ZAM	41.31
10 Walter, Annie	10	TAN	41.46
11 Here, Melina	10	MOZ	41.93
12 Bonders, Paula	10	UGA	42.73
13 Pinkney, Laura A	10	ZAM	44.58
14 Ngini, Alexandra	10	KEN	45.91
15 Mabota, Matilde	10	MOZ	47.37
16 Manning, Nicola	9	TAN	48.65
17 Gil, Paula	10	BOTS	49.51
--- Ebineng, Banyana	10	BOTS	DQ
Non-simultaneous arms			

#26 Men 10&U 50 Meter Fly

Name	Age	Team	Finals Time
1 Panzera, Trent A	10	RSA	34.22
2 Koekemoer, MJ J	10	RSA	35.55
3 Matija, Kitso	10	BOTS	38.39
4 Ndonga, Samual	10	KEN	38.55
5 Donker, Tommy	10	MAW	38.80
6 Matiba, Martyn	10	KEN	38.82
7 Cyprianos, Brendon	10	ZIM	39.06
8 Bique, Ahllan	9	MOZ	39.61
9 Tavares, Jalik	9	MOZ	40.61
10 Price, Stuart	10	ZIM	42.45
11 Du Toit, Martin	10	BOTS	43.31
12 Mataka, Mapolo	10	ZAM	48.10
13 Reeves, Andre	10	ZAM	51.48
--- Banda, Bright	10	MAW	DNF
Did not finish			

#27 Women 11-12 50 Meter Fly

Name	Age	Team	Finals Time
1 Hess, Nina	12	RSA	33.13
2 Bruce, Avalon	12	ZIM	34.09
3 Adriaanse, Saskia	12	RSA	34.37
4 Lunkuse, Jamila	12	UGA	34.59
5 Huddle, Charis	12	ZAM	34.67
6 Catterall, Bree	11	ZIM	35.43
7 Schuler-Weltin, Ayla J	12	ZAM	36.38
8 Brina, Maggie	12	BOTS	37.18
9 Bique, Jannat	11	MOZ	37.67
10 Ruele, Naomi	11	BOTS	37.69
11 Opiyo, Martha	11	KEN	38.37
12 Francisco, Justania	12	MOZ	38.58
13 Richter, Aimeelee	11	SWZ	40.88
14 Louw, Anina	12	SWZ	42.57
15 Pinto, Ammara	12	MAW	42.93
16 Ogot, Akinyi	12	KEN	43.38
17 Opperman, Reine	11	TAN	47.22
18 Buchanan, Macayla	12	TAN	47.98
19 Saword, Chikondi	12	MAW	52.30
--- Van Droogenbroeck, J	11	UGA	DQ

#28 Men 11-12 50 Meter Fly

Name	Age	Team	Finals Time
1 Gomes, Nuno	12	MOZ	30.17
2 Molefinyane, Kgosi	12	BOTS	32.02
3 Kafaar, Nizaam	12	RSA	33.03
4 Vaghela, Shivraj	12	KEN	33.19
*5 Basson, Alaric B	12	RSA	33.28
*5 Ngoga, Thomas	12	MAW	33.28
7 Ngwenya, Lebo	12	ZIM	33.56
8 Mogne, Igor	12	MOZ	33.68
9 Manisekaran, Thinesh	12	BOTS	33.98
10 Nugent, Anthony	12	UGA	34.00
11 Berkarma, Devon	12	ZAM	34.44
12 Goveia, Ralph W	12	ZAM	35.86
13 Richter, GJ	12	SWZ	36.87

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#28 Men 11-12 50 Meter Fly

14	Ekirikubinza, Joshua	12	UGA	38.28
15	Pritchard, Connor	12	ZIM	38.44
16	Hawley, Chad	11	SWZ	46.45

#29 Women 13-14 50 Meter Fly

Name	Age	Team	Finals Time	
1	Millin, Kathryn	14	SWZ	32.20
2	Maclean, Jessie	14	MAW	32.31
3	Taute, Shannon	14	ZIM	32.66
4	Findlay, Dani B	14	ZAM	32.72
5	Arendse-Gorvalla, Joy	13	RSA	33.06
6	Graybill, Sophia A	13	ZAM	34.22
7	Brown, Holly	14	ZIM	34.76
8	Esterl, Nadine	14	MAW	34.78
9	Lourenco, Raquel	13	MOZ	34.97
10	Oruya, Soraya	14	KEN	35.04
11	Cossa, Jessica	13	MOZ	35.77
12	Chambers, Cydney	14	SWZ	37.18
13	Sonia, Cege	14	KEN	37.49
14	Foum, Mariam	14	TAN	37.81
15	Kleynhans, Dalene	13	BOTS	37.89
16	Schalken, Frederike	13	NAM	38.80
17	Ebineng, Duduetsang	13	BOTS	40.68

#30 Men 13-14 50 Meter Fly

Name	Age	Team	Finals Time	
1	Lesenyeh, Itumeleng	13	RSA	29.92
2	Milakhe, Brendan B	14	RSA	30.10
3	Marshall, Sloane	13	ZIM	30.26
4	Webb, David	14	MAW	30.45
5	du Pont, Quenton	14	SWZ	30.64
6	Lawson, James	13	ZIM	31.14
7	Kurukulasooriya, Ash	13	BOTS	31.71
8	Wilken, Thomas J	14	ZAM	33.65
9	Engelbrecht, Christiaan	14	BOTS	33.85
10	Champier, Claude	13	MOZ	34.20
11	Hamer, Hannes	13	SWZ	34.87
12	Millar, Christopher	14	MAW	35.67
13	Coetzee, Jano	14	NAM	35.99
14	Reeves, Marcus W	13	ZAM	46.04

#31 Women 15-16 50 Meter Fly

Name	Age	Team	Finals Time	
1	Plumstead, Hayley P	16	RSA	31.88
2	Stagno, Gessica	15	MOZ	32.54
3	Lindemeier, Daniela	16	NAM	32.73
4	Grendon, Daena	16	ZAM	33.06
5	Dlamini, Senele	16	SWZ	33.34
6	Viviers, Roxanne	15	ZIM	33.68
7	Whitehead, Lauren	16	ZIM	33.89
8	Carvalho, Ruth	16	ANG	34.26
9	Moir, Crystal	15	ZAM	35.71
10	Walker, Gemma	15	MAW	36.14
11	Chabedi, Reabetswe	15	RSA	36.51
12	Van Der Colff, Deandi	15	BOTS	37.29

13	Weya, Samantha	16	KEN	38.31
14	McGrath, Camilla	16	MAW	39.42

#32 Men 15-16 50 Meter Fly

Name	Age	Team	Finals Time	
1	Schultz, Jamie	16	ZIM	27.83
2	Schurz, Tim	15	ZAM	28.12
3	Newton, Jarryd M	16	RSA	28.55
4	Fredericks, Kern C	16	RSA	28.61
5	Lawson, Matthew	15	ZIM	28.67
6	Lourenco, Marco	16	BOTS	29.53
7	Lourenco, Valdo	16	MOZ	30.30
8	Nhlabatsi, Sanele	16	SWZ	30.47
9	Kulikowski, Boris	15	NAM	30.50
10	Otieno, Nigel	16	KEN	30.55
11	Teixeira, Pavel	15	ANG	30.56
12	Shah, Akshay	16	KEN	30.75
13	Maclean, Mitch	16	MAW	32.19
14	Smith, Hano	16	ZAM	32.50
15	Linder, Rasmus	15	TAN	32.58
16	Rapula, Tshepo	16	BOTS	36.74

#33 Women 17&O 50 Meter Fly

Name	Age	Team	Finals Time	
1	Kay, Sarah	17	RSA	31.09
2	Paxinos, Samantha	20	BOTS	31.75
3	Beukes, Pamelyn	19	BOTS	33.62
4	Dingle, Sandra A	15	ZAM	33.95
5	Millar, Kirstie	17	MAW	36.30
6	Chinchen, Annabelle	17	MAW	36.59
7	Lourens, Bianca C	13	ZAM	37.11
8	Kastner, Cassandra	17	SWZ	39.12

#34 Men 17&O 50 Meter Fly

Name	Age	Team	Finals Time	
1	Ferris, Timothy	18	ZIM	26.50
2	Marais, David	17	RSA	27.30
3	Gibson, Mathew	26	BOTS	27.58
4	Keating, Cassey S	17	RSA	27.97
5	Xaba, Mduzuzi	19	SWZ	28.25
6	Kamyuka, John	19	BOTS	28.31
7	Mweetwa, Milimo	19	ZAM	28.42
8	Desmond, Timothy T	18	ZIM	28.75
9	Maclean, TJ	17	MAW	29.12
10	Thompson, Mark P	18	ZAM	29.14
11	Nyirenda, Charlton	17	MAW	30.32
12	Makere, Samson	33	TAN	31.57
13	Rushaka, Khalid	28	TAN	32.06

#35 Women 14&U 4x50 Meter Medley Relay

Team	Relay	Finals Time	
1	ZAM	A	2:17.30
	Howard, Jade A 13	Paljk, Tilka 11	
	Findlay, Dani B 14	Lourens, Choolwe E 13	
	35.14	1:46.94	2:17.30

2	RSA	A	2:18.09	
	Arendse-Gorvalla, Joy B	Hess, Nina 12		
	Van der Venter, Aelke S	Adriaanse, Saskia 12		
	38.24	1:15.93	1:48.03	2:18.09
3	ZIM	A	2:21.06	
	Brown, Holly 14	Bond, Amy 14		
	Taute, Shannon 14	Catterall, Bree 11		
	36.15	1:49.92	2:21.06	
4	MAW	A	2:21.74	
	Saywood, Melanie 14	Esterl, Nadine 14		
	Maclean, Jessie 14	Tafatatha, Joyce 10		
	39.03	52.93	2:21.74	
5	KEN	A	2:24.11	
	Lanoe, Talisa 14	Saleh, Sehar 12		
	Oruya, Soraya 14	Sonia, Cege 14		
	36.00	1:15.78	2:24.11	
6	MOZ	A	2:25.30	
	Cossa, Jessica 13	Francisco, Justania 12		
	Lourenco, Raquel 13	Salate, Faina 14		
	37.39	1:20.05	1:55.12	2:25.30
7	BOTS	A	2:28.12	
	Ruele, Naomi 11	Imsirovic, Bonita 13		
	Williams, Tara 13	Ebineng, Seabe 11		
	38.81	1:56.63	2:28.12	
8	SWZ	A	2:29.06	
	Chambers, Cydney 14	Louw, Anina 12		
	Millin, Kathryn 14	Richter, Aimelee 11		
	1:24.58	2:29.06		
9	TAN	A	2:36.26	
	Dom, Natasha 12	Buchanan, Macayla 12		
	Foum, Mariam 14	Walter, Shauna 14		
	41.04	1:26.63	2:03.97	2:36.26
10	UGA	A	2:40.52	
	Van Droogenbroeck, Jes	Ibrahim, Zainab A 11		
	Lunkuse, Jamila 12	Adams, Maya 13		
	40.99	1:28.10	2:40.52	

#36 Men 14&U 4x50 Meter Medley Relay

Team	Relay	Finals Time		
1	RSA	A	2:01.72	
	Finch, Joshua R 13	Milakhe, Brendan B 14		
	Lesenyeh, Itumeleng 13	Silent, Josh R 14		
	31.33	1:04.94	1:34.75	2:01.72
2	ZIM	A	2:02.51	
	Price, Trevor 14	Lawson, James 13		
	Rosser, Dylan 13	Marshall, Sloane 13		
	32.48	1:06.26	1:36.21	2:02.51
3	BOTS	A	2:11.90	
	Manisekaran, Thinesh 13	Kurukulasooriya, Ashen		
	Engelbrecht, Christiaan	Molefinyane, Kgosi 12		
	34.97	1:10.07	1:43.21	2:11.90
4	MOZ	A	2:13.64	
	Fakir, Shakil 11	Coroa, Edson 14		
	Gomes, Nuno 12	Champier, Claude 13		
	37.07	1:14.12	2:08.31	2:13.64

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#36 Men 14&U 4x50 Meter Medley Relay

5	MAW	A	2:15.63
	Ngoga, Thomas 12	Duers, Ryan 14	
	Donker, Tommy 10	Webb, David 14	
	35.86	1:09.57	1:48.13 2:15.63
6	ZAM	A	2:17.94
	Goveia, Ralph W 12	Bhandhair-Singh, Muna	
	Berkarma, Devon 12	Wilken, Thomas J 14	
	37.98	1:15.82	1:49.89 2:17.94
7	SWZ	A	2:25.41
	du Pont, Quenton 14	Hawley, Chad 11	
	Richter, GJ 12	Hamer, Hannes 13	
	34.39	1:17.50	1:54.63 2:14.24
	2:25.41		
8	UGA	A	2:37.59
	Muhebwa, Theodore 9	Ekirikubinza, Joshua 12	
	Nugent, Anthony 12	Burley, Tom 11	
	45.37	1:29.18	2:03.41 2:37.59

#37 Women 15&O 4x50 Meter Medley Relay

Team	Relay	Finals Time
1	RSA	A 2:06.03
	Plumstead, Hayley P 16	Plumstead, Keri J 18
	Kay, Sarah 17	Franklin, Sharné 18
	32.57	1:04.97 1:36.44 2:06.03
2	ZAM	A 2:18.06
	Jordaan, Michelle M 15	Moir, Crystal 15
	Dingle, Sandra A 15	Grendon, Daena 16
	37.64	1:14.43 1:48.02 2:18.06
3	BOTS	A 2:19.33
	Van Der Colff, Deandra	Beukes, Pamelyn 19
	Paxinos, Samantha 20	Viljoen, Michelle 16
	39.07	1:17.60 1:49.45 2:19.33
4	ZIM	A 2:23.66
	Viviers, Roxanne 15	Langton, Ashley 15
	Whitehead, Lauren 16	Stack, Anne 15
	35.27	1:16.43 1:50.72 2:23.66
5	MAW	A 2:25.56
	Chinchen, Annabelle 17	McGrath, Camilla 16
	Walker, Gemma 15	Pinto, Zahra 15
	38.34	51.10 2:25.56

#38 Men 15&O 4x50 Meter Medley Relay

Team	Relay	Finals Time
1	RSA	A 1:50.67
	Keating, Cassey S 17	Marais, David 17
	Kruger, Juandre 17	Newton, Jarryd M 16
	27.36	57.11 1:24.48 1:50.67
2	ZIM	A 1:56.74
	Derry, Alexander 19	Rosser, Drew 15
	Ferris, Timothy 18	Schultz, Jamie 16
	31.47	51.29 1:56.74
3	ZAM	A 2:00.63
	Mweetwa, Milimo 19	Mukuka, Chishala M 15
	Thompson, Mark P 18	Mackintosh, Cameron B
	31.18	49.97 2:00.63

4	MAW	A	2:01.27
	Maclean, Mitch 16	McGrath, Nathan 17	
	Nyirenda, Charlton 17	Maclean, TJ 17	
	32.41	1:05.72	1:35.06 2:01.27
5	BOTS	A	2:01.45
	Lourenco, Marco 16	Boitumelo, Balesang 28	
	Kamyuka, John 19	Gibson, Mathew 26	
	32.39	1:36.02	2:01.45
6	TAN	A	2:13.33
	Linder, Rasmus 15	Mapunda, Salum 23	
	Makere, Samson 33	Rushaka, Khalid 28	
	34.32	59.17	2:13.33
7	UGA	A	2:15.39
	Wasswa, Albert 20	Daisuke, Ronald 15	
	Kakooza, Sharif 16	Nakabaale, Isaac 31	
	38.83	1:13.64	1:47.84 2:15.39
8	KEN	A	2:17.32
	Otieno, Nigel 16	Odede, Anthony 16	
	Shah, Akshay 16	Shah, Rushab 15	
	38.10	1:16.20	1:46.82 2:17.32

#39 Women 12&U 200 Meter Breast

Name	Age	Team	Finals Time
1	Stead, Savannah	12 ZIM	3:05.02
	40.85	1:27.34	2:16.13 3:05.02
2	Lunkuse, Jamila	12 UGA	3:06.38
	40.90	1:28.78	2:18.50 3:06.38
3	Wood, Zeena P	12 RSA	3:09.77
	41.60	1:29.47	2:19.62 3:09.77
4	Lindsay-White, Kende	12 ZIM	3:11.61
	44.10	1:32.83	2:22.64 3:11.61
5	Adriaanse, Saskia	12 RSA	3:15.30
	43.23	1:31.46	2:22.86 3:15.30
6	Saleh, Sehar	12 KEN	3:18.00
	42.96	1:33.18	2:27.21 3:18.00
7	Schuler-Weltin, Ayla J	12 ZAM	3:21.56
	44.84	1:35.85	2:28.83 3:21.56
8	Paljk, Tilka	11 ZAM	3:23.70
	46.56	1:39.98	2:34.04 3:23.70
9	Gauna, Gina	12 MAW	3:29.49
	49.12	1:44.93	2:37.75 3:29.49
10	Tafatatha, Joyce	10 MAW	3:30.67
	49.49	1:43.54	2:36.81 3:30.67
11	Van Droogenbroeck, J	11 UGA	3:31.55
	49.40	1:45.41	2:40.92 3:31.55
12	Louw, Anina	12 SWZ	3:32.79
	48.81	1:43.95	2:39.93 3:32.79
13	Buchanan, Macayla	12 TAN	3:32.86
	45.66	1:40.05	2:36.98 3:32.86
14	Opperman, Reine	11 TAN	3:33.19
	49.76	1:44.34	2:39.32 3:33.19
15	Francisco, Justania	12 MOZ	3:36.76
	45.85	1:41.40	3:36.76
16	Richter, Aimelee	11 SWZ	3:38.41
	49.00	1:45.41	2:42.51 3:38.41
17	White, Molly	12 BOTS	3:39.22
	48.25	1:43.74	2:42.22 3:39.22

18	Ogot, Akinyi	12 KEN	3:40.83
	50.30	1:45.55	2:44.98 3:40.83
19	Matija, Tara	12 BOTS	3:42.99
	49.78	1:45.35	3:42.99

#40 Men 12&U 200 Meter Breast

Name	Age	Team	Finals Time
1	Basson, Alard D	12 RSA	2:58.47
	40.73	1:26.61	2:13.33 2:58.47
2	Goveia, Ralph W	12 ZAM	3:03.04
	40.99	1:27.84	2:15.39 3:03.04
3	Ngoga, Thomas	12 MAW	3:14.82
	43.33	1:33.48	2:24.65 3:14.82
4	Hawley, Chad	11 SWZ	3:19.57
	45.75	1:37.34	2:30.03 3:19.57
5	Pritchard, Connor	12 ZIM	3:19.87
	42.60	1:32.70	2:26.82 3:19.87
6	Matija, Kitso	10 BOTS	3:33.87
	50.27	1:45.81	2:41.63 3:33.87
7	Doyle, Liam J	11 ZAM	3:34.01
	48.33	1:44.68	2:40.48 3:34.01
8	Brown, Andrew E	10 RSA	3:37.74
	49.27	1:44.84	2:41.91 3:37.74
9	Frost, Sheldon	10 BOTS	3:48.60
	48.32	1:49.43	2:50.37 3:48.60
10	McGarth, Martyn	10 MAW	3:50.68
	55.24	1:53.14	2:50.88 3:50.68

#41 Women 13-14 200 Meter Breast

Name	Age	Team	Finals Time
1	Esterl, Nadine	14 MAW	3:05.61
	43.64	1:32.10	2:22.06 3:05.61
2	Findlay, Dani B	14 ZAM	3:06.86
	42.59	1:30.56	2:18.98 3:06.86
3	Howard, Jade A	13 ZAM	3:16.07
	42.07	1:31.97	2:23.57 3:16.07
4	Schalken, Frederike	13 NAM	3:18.69
	43.69	1:34.07	2:26.75 3:18.69
5	Walter, Shauna	14 TAN	3:20.26
	45.56	1:38.11	2:29.27 3:20.26
6	Millin, Kathryn	14 SWZ	3:24.55
	46.09	1:38.26	2:31.61 3:24.55
7	Sonia, Cege	14 KEN	3:24.99
	45.77	1:38.27	2:31.96 3:24.99
8	Henriques, Mariana	14 ANG	3:26.10
	45.04	1:36.31	2:31.09 3:26.10
9	Imsirovic, Bonita	13 BOTS	3:28.70
	47.29	1:40.11	2:36.17 3:28.70
10	Saywood, Melanie	14 MAW	3:30.18
	48.59	1:44.24	2:40.19 3:30.18
11	Bond, Amy	14 ZIM	3:31.11
	44.14	1:35.34	2:31.95 3:31.11
12	Salate, Faina	14 MOZ	3:32.44
	43.81	1:34.81	2:31.46 3:32.44
13	Ebineng, Duduetsang	13 BOTS	3:38.48
	47.16	1:43.37	2:42.86 3:38.48

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#41 Women 13-14 200 Meter Breast

14	Foum, Mariam	14	TAN	3:41.22
	46.24	1:42.59	2:42.49	3:41.22
15	Chambers, Cydney	14	SWZ	3:44.49
	47.83	1:43.40	2:44.99	3:44.49
---	Rubia, Noni T	13	RSA	NS

#42 Men 13-14 200 Meter Breast

Name	Age	Team	Finals Time	
1 Lawson, James	13	ZIM	2:43.40	
	36.21	1:17.44	1:59.77	2:43.40
2 Duers, Ryan	14	MAW	2:54.84	
	41.21	1:27.80	2:14.41	2:54.84
3 Van Schalkwyk, Morn	14	RSA	2:56.11	
	40.05	1:25.07	2:09.94	2:56.11
4 Kurukulasooriya, Ashc	13	BOTS	3:04.46	
	38.76	1:24.68	2:13.49	3:04.46
5 Rosser, Dylan	13	ZIM	3:06.52	
	42.49	1:31.92	2:22.14	3:06.52
6 Wilken, Thomas J	14	ZAM	3:11.86	
	40.97	1:28.08	2:18.74	3:11.86
7 Hamer, Hannes	13	SWZ	3:13.12	
	43.09	1:33.51	2:24.38	3:13.12
8 du Pont, Quenton	14	SWZ	3:13.61	
	42.56	1:31.48	2:22.70	3:13.61
9 Lamprecht, Christiaan	13	NAM	3:19.08	
	45.33	1:37.17	2:28.36	3:19.08
10 Bhandhair-Singh, Mur	13	ZAM	3:20.33	
	42.29	1:32.92	2:26.99	3:20.33
11 Coetzee, Jano	14	NAM	3:35.23	
	44.21	1:37.84	2:36.32	3:35.23

#43 Women 15-16 200 Meter Breast

Name	Age	Team	Finals Time	
1 Lindemeier, Daniela	16	NAM	2:48.38	
	37.07	1:19.49	2:04.28	2:48.38
2 Plumstead, Hayley P	16	RSA	2:55.60	
	41.38	1:27.30	2:12.45	2:55.60
3 Stack, Anne	15	ZIM	3:03.90	
	41.26	1:28.23	2:16.56	3:03.90
4 Moir, Crystal	15	ZAM	3:06.71	
	42.54	1:31.38	2:21.20	3:06.71
5 McGrath, Camilla	16	MAW	3:23.74	
	44.22	1:36.89	2:30.70	3:23.74
6 Langton, Ashley	15	ZIM	3:26.86	
	45.05	1:36.26	2:32.33	3:26.86
7 Mogne, Tamires	16	MOZ	3:27.12	
	44.75	1:36.10	2:30.54	3:27.12
8 Dlamini, Senele	16	SWZ	3:29.49	
	47.32	1:41.32	2:35.80	3:29.49
9 Howard, Courtney	15	ZAM	3:36.54	
	46.32	1:40.45	2:38.16	3:36.54

#44 Men 15-16 200 Meter Breast

Name	Age	Team	Finals Time	
1 Fredericks, Kern C	16	RSA	2:40.04	
	34.83	1:14.89	1:56.24	2:40.04
2 Kulikowski, Boris	15	NAM	2:45.55	
	37.62	1:20.96	2:04.41	2:45.55
3 Zinyemba, Tatenda	15	ZIM	2:45.84	
	36.13	1:18.10	2:01.78	2:45.84
4 Rosser, Drew	15	ZIM	2:46.23	
	35.85	1:17.23	2:00.82	2:46.23
5 Mukuka, Chishala M	15	ZAM	2:57.07	
	37.53	1:21.42	2:10.00	2:57.07
6 Maepa, Maziya G	15	RSA	3:00.91	
	39.68	1:24.23	2:12.06	3:00.91
7 Beukes, Johannes	16	BOTS	3:00.93	
	38.31	1:24.11	2:13.77	3:00.93
8 Tivane, Francisco	15	MOZ	3:01.82	
	39.15	1:24.02	2:13.16	3:01.82
9 Smith, Hano	16	ZAM	3:02.31	
	37.87	1:23.67	2:13.35	3:02.31
10 Kakooza, Sharif	16	UGA	3:06.46	
	39.19	1:26.46	2:15.84	3:06.46
11 Nhlabatsi, Sanele	16	SWZ	3:18.80	
	41.64	1:32.19	2:26.03	3:18.80

#45 Women 17&O 200 Meter Breast

Name	Age	Team	Finals Time	
1 Plumstead, Keri J	18	RSA	2:43.38	
	35.61	1:17.03	1:59.49	2:43.38
2 Franklin, Sharné	18	RSA	2:57.24	
	41.71	1:26.06	2:12.21	2:57.24
3 Beukes, Pamelyn	19	BOTS	3:15.11	
	44.03	1:32.96	2:25.45	3:15.11
4 Craig, Christy	17	ZAM	3:27.72	
	42.75	1:36.46	2:32.83	3:27.72
5 Weltin, Tonia N	38	ZAM	3:29.22	
	48.15	1:41.53	2:36.76	3:29.22
6 Kastner, Cassandra	17	SWZ	3:46.28	
	47.09	1:45.71	2:47.25	3:46.28

#46 Men 17&O 200 Meter Breast

Name	Age	Team	Finals Time	
1 Derry, Alexander	19	ZIM	2:38.96	
	33.09	1:12.71	1:56.00	2:38.96
2 Kruger, Juandre	17	RSA	2:48.44	
	38.33	1:21.72	2:06.39	2:48.44
3 McGrath, Nathan	17	MAW	2:53.57	
	38.28	1:22.02	2:07.49	2:53.57
4 Stirling, Scott	17	ZIM	2:53.73	
	39.20	1:23.90	2:09.56	2:53.73
5 Watson, Shaun P	25	BOTS	3:08.31	
	39.46	1:25.66	2:16.22	3:08.31
6 Mukuka, Mukuka M	20	ZAM	3:08.88	
	41.53	1:28.18	2:19.82	3:08.88
7 Mapunda, Salum	23	TAN	3:19.30	
	43.09	1:32.33	2:25.62	3:19.30

8	Boitumelo, Balesang	28	BOTS	3:19.65
	40.72	1:29.58	2:25.54	3:19.65
*9	Makere, Samson	33	TAN	3:24.82
	41.79	1:31.38	2:27.80	3:24.82
*9	Xaba, Mduduzi	19	SWZ	3:24.82
	43.55	1:35.00	2:29.54	3:24.82
---	Sililo, Mmbalo S	19	ZAM	DQ
	Non-simultaneous touch			
	41.30	1:28.80	2:18.98	DQ

#47 Women 12&U 100 Meter Fly

Name	Age	Team	Finals Time
1 Hess, Nina	12	RSA	1:16.64
	36.22	1:16.64	
2 Els, Johanre J	11	RSA	1:19.59
	36.52	1:19.59	
3 Bruce, Avalon	12	ZIM	1:21.20
	37.69	1:21.20	
4 Huddle, Charis	12	ZAM	1:23.28
	36.27	1:23.28	
5 Bique, Jannat	11	MOZ	1:26.97
	39.10	1:26.97	
6 Catterall, Bree	11	ZIM	1:28.90
	41.23	1:28.90	
7 Schuler-Weltin, Ayla J	12	ZAM	1:29.03
	38.48	1:29.03	
8 Opiyo, Martha	11	KEN	1:30.55
	40.90	1:30.55	
9 Brina, Maggie	12	BOTS	1:33.82
	39.73	1:33.82	
10 Tejpar, Ariana	12	KEN	1:34.15
	42.21	1:34.15	
11 Tafatatha, Joyce	10	MAW	1:38.03
	40.55	1:38.03	
12 Richter, Aimelee	11	SWZ	1:42.35
	48.43	1:42.35	
13 Pinto, Ammara	12	MAW	1:45.64
	46.41	1:45.64	

#48 Men 12&U 100 Meter Fly

Name	Age	Team	Finals Time
1 Gomes, Nuno	12	MOZ	1:09.46
	31.22	1:09.46	
2 Mogne, Igor	12	MOZ	1:16.48
	34.94	1:16.48	
3 Kafaar, Nizaam	12	RSA	1:17.34
	34.44	1:17.34	
4 Basson, Alaric B	12	RSA	1:17.80
	35.88	1:17.80	
5 Vaghela, Shivraj	12	KEN	1:20.54
	35.89	1:20.54	
6 Nugent, Anthony	12	UGA	1:22.25
	36.86	1:22.25	
7 Goveia, Ralph W	12	ZAM	1:22.39
	36.44	1:22.39	
8 Ngoga, Thomas	12	MAW	1:22.55
	39.17	1:22.55	

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#48 Men 12&U 100 Meter Fly

9	Berkarma, Devon	12	ZAM	1:25.03
	36.58	1:25.03		
10	Ngwenya, Lebo	12	ZIM	1:25.65
	36.23	1:25.65		
11	Richter, GJ	12	SWZ	1:30.12
	40.43	1:30.12		
12	Van Der Colff, David	11	BOTS	1:30.63
	42.69	1:30.63		
13	Donker, Tommy	10	MAW	1:32.45
	42.50	1:32.45		
14	Ndonga, Samual	10	KEN	1:34.32
	43.42	1:34.32		
15	Pritchard, Connor	12	ZIM	1:40.93
	42.79	1:40.93		
16	Hawley, Chad	11	SWZ	1:55.27
	52.37	1:55.27		

#49 Women 13-14 100 Meter Fly

Name	Age	Team	Finals Time
1 Arendse-Gorvalla, Joy	13	RSA	1:11.88
	33.57	1:11.88	
2 Taute, Shannon	14	ZIM	1:17.10
	37.20	1:17.10	
3 Lourenco, Raquel	13	MOZ	1:17.80
	36.08	1:17.80	
4 Graybill, Sophia A	13	ZAM	1:19.77
	36.88	1:19.77	
5 Findlay, Dani B	14	ZAM	1:19.79
	34.87	1:19.79	
6 Maclean, Jessie	14	MAW	1:20.27
	35.72	1:20.27	
7 Millin, Kathryn	14	SWZ	1:20.70
	36.32	1:20.70	
8 Oruya, Soraya	14	KEN	1:27.69
	39.66	1:27.69	
9 Chambers, Cydney	14	SWZ	1:31.41
	38.88	1:31.41	
--- Rubia, Noni T	13	RSA	NS

#50 Men 13-14 100 Meter Fly

Name	Age	Team	Finals Time
1 Silent, Josh R	14	RSA	1:09.31
	32.10	1:09.31	
2 Lesenyeho, Itumeleng	13	RSA	1:09.89
	32.76	1:09.89	
3 Marshall, Sloane	13	ZIM	1:11.35
	33.21	1:11.35	
4 Lawson, James	13	ZIM	1:11.84
	33.24	1:11.84	
5 du Pont, Quenton	14	SWZ	1:19.03
	35.29	1:19.03	
6 Coroa, Edson	14	MOZ	1:21.03
	36.39	1:21.03	
7 Champier, Claude	13	MOZ	1:21.37
	37.04	1:21.37	

8 Hamer, Hannes	13	SWZ	1:27.90
	38.39	1:27.90	
9 Millar, Christopher	14	MAW	1:30.06
	36.42	1:30.06	
10 Lifa, Brave	14	MAW	1:32.76
	41.47	1:32.76	
11 Chungu, James C	13	ZAM	1:33.03
	38.36	1:33.03	

#51 Women 15-16 100 Meter Fly

Name	Age	Team	Finals Time
1 Plumstead, Hayley P	16	RSA	1:10.53
	33.10	1:10.53	
2 Lindemeier, Daniela	16	NAM	1:11.74
	33.03	1:11.74	
3 Stagno, Gessica	15	MOZ	1:12.45
	32.83	1:12.45	
4 Grendon, Daena	16	ZAM	1:15.68
	34.36	1:15.68	
5 Viviers, Roxanne	15	ZIM	1:16.53
	35.19	1:16.53	
6 Whitehead, Lauren	16	ZIM	1:19.77
	36.48	1:19.77	
7 Chabedi, Reabetswe	15	RSA	1:26.16
	37.52	1:26.16	
8 Dlamini, Senele	16	SWZ	1:30.37
	39.78	1:30.37	
9 Weya, Samantha	16	KEN	1:34.71
	41.54	1:34.71	
10 McGrath, Camilla	16	MAW	1:39.29
	43.04	1:39.29	

#52 Men 15-16 100 Meter Fly

Name	Age	Team	Finals Time
1 Schultz, Jamie	16	ZIM	1:02.06
	28.80	1:02.06	
2 Lawson, Matthew	15	ZIM	1:02.65
	29.26	1:02.65	
3 Schurz, Tim	15	ZAM	1:03.64
	29.05	1:03.64	
4 Wesso, Dean C	15	RSA	1:05.11
	30.17	1:05.11	
5 Teixeira, Pavel	15	ANG	1:07.42
	31.60	1:07.42	
6 Lourenco, Valdo	16	MOZ	1:07.75
	30.96	1:07.75	
7 Lourenco, Marco	16	BOTS	1:09.16
	31.30	1:09.16	
8 Kulikowski, Boris	15	NAM	1:13.27
	34.41	1:13.27	
9 Smith, Hano	16	ZAM	1:15.16
	34.59	1:15.16	
10 Otieno, Nigel	16	KEN	1:15.98
	33.43	1:15.98	
11 Maepa, Maziya G	15	RSA	1:16.39
	35.93	1:16.39	

12 Nhlabatsi, Sanele	16	SWZ	1:18.34
	32.72	1:18.34	

#53 Women 17&O 100 Meter Fly

Name	Age	Team	Finals Time
1 Plumstead, Keri J	18	RSA	1:07.79
	30.33	1:07.79	
2 Ghorpade, Arti	17	IND	1:14.67
	35.01	1:14.67	
3 Paxinos, Samantha	20	BOTS	1:15.31
	34.47	1:15.31	
4 Beukes, Pamelyn	19	BOTS	1:16.55
	36.22	1:16.55	
5 Dingle, Sandra A	15	ZAM	1:19.02
	35.22	1:19.02	
6 Lourens, Bianca C	13	ZAM	1:31.39
	39.84	1:31.39	
7 Kastner, Cassandra	17	SWZ	1:42.72
	41.13	1:42.72	
--- Millar, Kirstie	17	MAW	DNF
	Did not finish		

#54 Men 17&O 100 Meter Fly

Name	Age	Team	Finals Time
1 Ferris, Timothy	18	ZIM	1:00.46
	28.14	1:00.46	
2 Keating, Cassey S	17	RSA	1:02.89
	28.85	1:02.89	
3 Marais, David	17	RSA	1:02.99
	30.50	1:02.99	
4 Desmond, Timothy T	18	ZIM	1:03.83
	29.41	1:03.83	
5 Mweetwa, Milimo	19	ZAM	1:04.83
	29.60	1:04.83	
6 Maclean, TJ	17	MAW	1:06.29
	29.76	1:06.29	
7 Xaba, Mduduzi	19	SWZ	1:09.12
	29.78	1:09.12	
8 Wilken, Patrick M	17	ZAM	1:09.29
	30.51	1:09.29	
9 Kamyuka, John	19	BOTS	1:11.21
	30.24	1:11.21	
10 Nyirenda, Charlton	17	MAW	1:11.73
	30.53	1:11.73	

#55 Women 10&U 50 Meter Back

Name	Age	Team	Finals Time
1 Lopes, Demi F	10	RSA	36.64
2 Tafatatha, Joyce	10	MAW	38.86
3 Lee, Robyn	10	ZIM	39.13
4 Bosma, Caitlin B	10	RSA	39.28
5 Van Hoppe, Stephanie	10	TAN	39.39
6 Pinkney, Laura A	10	ZAM	41.16
7 Mutangadura, Ratidzo	10	ZIM	41.70
8 Bonders, Paula	10	UGA	42.55
9 Isikson, Kayleigh	10	MAW	42.63
10 Here, Melina	10	MOZ	43.17

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#55 Women 10&U 50 Meter Back

Name	Age	Team	Finals Time
11 Fields, Anita	10	KEN	43.31
12 Duke, Saskia	10	BOTS	43.81
13 Walter, Annie	10	TAN	43.88
14 Muhebwa, Tyler Sharc	10	UGA	44.80
15 Pearmain, Caroline	10	BOTS	45.07
16 Michaelo, Ambaar	10	KEN	45.27
17 Almoco, Macrina	10	MOZ	50.46
--- Richardson, Coralie	10	ZAM	NS

#56 Men 10&U 50 Meter Back

Name	Age	Team	Finals Time
1 Koekemoer, MJ J	10	RSA	37.60
2 Panzera, Trent A	10	RSA	38.23
3 Du Toit, Martin	10	BOTS	38.45
4 Donker, Tommy	10	MAW	38.77
5 Price, Stuart	10	ZIM	40.28
6 Cuna, Emidio	10	MOZ	40.95
7 Matija, Kitso	10	BOTS	41.33
8 Muhebwa, Theodore	9	UGA	41.94
9 Cyprianos, Brendon	10	ZIM	42.23
10 Bique, Ahllan	9	MOZ	43.29
11 Matiba, Martyn	10	KEN	43.81
12 Stulich, Jordan	10	MAW	44.49
13 Ndonga, Samuel	10	KEN	45.09
14 Dom, Christian	9	TAN	45.70
15 Reeves, Andre	10	ZAM	47.19
16 Mataka, Mapolo	10	ZAM	52.57

#57 Women 11-12 50 Meter Back

Name	Age	Team	Finals Time
1 Van der Venter, Aelke	12	RSA	34.47
2 Huddle, Charis	12	ZAM	35.33
3 Ruele, Naomi	11	BOTS	37.78
4 Hess, Nina	12	RSA	37.81
5 Bique, Jannat	11	MOZ	38.20
6 Bruce, Avalon	12	ZIM	38.55
7 Chungu, Jasmine P	12	ZAM	38.77
8 Catterall, Bree	11	ZIM	39.91
9 Francisco, Justania	12	MOZ	40.38
10 Dom, Natasha	12	TAN	40.68
11 Munna, Courtney	12	BOTS	41.14
12 Pinto, Ammara	12	MAW	41.38
13 Opiyo, Martha	11	KEN	41.79
14 Van Droogenbroeck, J	11	UGA	42.11
15 Gauna, Gina	12	MAW	42.81
16 Shah, Khyati	12	KEN	43.04
17 Richter, Aimelee	11	SWZ	43.68
18 Ibrahim, Zainab A	11	UGA	44.33
19 Louw, Anina	12	SWZ	46.10

#58 Men 11-12 50 Meter Back

Name	Age	Team	Finals Time
1 Gomes, Nuno	12	MOZ	33.51
2 Molefinyane, Kgosi	12	BOTS	34.05
3 Manisekaran, Thinesh	12	BOTS	34.61

4 Kloppers, Johannes	12	ZIM	35.13
5 Ngoga, Thomas	12	MAW	35.44
6 Vaghela, Shivraj	12	KEN	35.83
7 Berkarma, Devon	12	ZAM	36.11
8 Goveia, Ralph W	12	ZAM	36.74
9 Davids, Tashreeq T	12	RSA	36.95
10 Fakir, Shakil	11	MOZ	37.03
11 Nugent, Anthony	12	UGA	38.29
12 Ngwenya, Lebo	12	ZIM	39.44
13 Richter, GJ	12	SWZ	40.59
14 Lamprecht, Lushano	11	NAM	42.23
15 Hawley, Chad	11	SWZ	42.74
--- Ekirikubinza, Joshua	12	UGA	DQ
Shoulders past vertical toward breast			
--- Kafaar, Nizaam	12	RSA	NS

#59 Women 13-14 50 Meter Back

Name	Age	Team	Finals Time
1 Howard, Jade A	13	ZAM	34.03
2 Bhandekar, Kavya	13	IND	34.23
3 Lourens, Choolwe E	13	ZAM	35.47
4 Lanoe, Talisa	14	KEN	35.64
5 Esterl, Nadine	14	MAW	35.68
6 Cossa, Jessica	13	MOZ	35.82
7 Brown, Holly	14	ZIM	35.90
8 Salate, Faina	14	MOZ	36.41
9 Millin, Kathryn	14	SWZ	36.46
10 Meadan-Torbitt, Anna	13	NAM	37.45
11 Walter, Shauna	14	TAN	37.59
12 Arendse-Gorvalla, Joy	13	RSA	37.88
13 Oruya, Soraya	14	KEN	38.45
14 Taute, Shannon	14	ZIM	38.62
15 Chambers, Cydney	14	SWZ	38.65
16 Saywood, Melanie	14	MAW	39.16
17 Williams, Tara	13	BOTS	39.33
18 Kleynhans, Dalene	13	BOTS	40.23
19 Foum, Mariam	14	TAN	40.39
20 Lubega, Annabel	13	UGA	52.05
--- Rubia, Noni T	13	RSA	NS

#60 Men 13-14 50 Meter Back

Name	Age	Team	Finals Time
1 Marshall, Sloane	13	ZIM	32.10
2 Price, Trevor	14	ZIM	32.23
3 Van Schalkwyk, Morn	14	RSA	32.84
4 Coroa, Edson	14	MOZ	33.70
5 du Pont, Quenton	14	SWZ	34.36
6 Engelbrecht, Christiaan	14	BOTS	34.40
7 Silent, Josh R	14	RSA	34.43
8 Webb, David	14	MAW	34.50
9 Wilken, Thomas J	14	ZAM	35.59
*10 Hamer, Hannes	13	SWZ	36.48
*10 Coetzee, Jano	14	NAM	36.48
12 Talbot, Sean	13	BOTS	37.67
13 Duers, Ryan	14	MAW	38.14
14 Champier, Claude	13	MOZ	41.56
15 Reeves, Marcus W	13	ZAM	44.03

#61 Women 15-16 50 Meter Back

Name	Age	Team	Finals Time
1 Plumstead, Hayley P	16	RSA	32.35
2 Carvalho, Ruth	16	ANG	33.45
3 Viviers, Roxanne	15	ZIM	34.52
4 Dlamini, Senele	16	SWZ	34.93
5 Stagno, Gessica	15	MOZ	35.64
6 Chabedi, Reabetswe	15	RSA	36.03
7 Kopsieker, Lisa	16	KEN	36.75
8 Grendon, Daena	16	ZAM	36.98
9 Whitehead, Lauren	16	ZIM	37.53
10 Walker, Gemma	15	MAW	37.75
11 Pinto, Zahra	15	MAW	37.80
12 Mogne, Tamires	16	MOZ	38.14
13 Taylor, Jasmin A	15	ZAM	39.47
14 Van Der Colff, Deandi	15	BOTS	39.48
15 Weya, Samantha	16	KEN	44.83

#62 Men 15-16 50 Meter Back

Name	Age	Team	Finals Time
1 Schultz, Jamie	16	ZIM	31.16
2 Alberto, Carlos	15	ANG	31.65
3 Yeomans, Gareth	16	ZIM	32.22
4 Maclean, Mitch	16	MAW	32.31
5 Schurz, Tim	15	ZAM	32.44
6 Mackintosh, Cameron	15	ZAM	32.65
7 Lourenco, Marco	16	BOTS	32.67
8 Linder, Rasmus	15	TAN	34.00
9 Shah, Akshay	16	KEN	34.14
10 Shah, Rushab	15	KEN	34.76
11 Maepa, Maziya G	15	RSA	35.26
12 Gaborone, Thuto Taek	16	BOTS	35.31
13 Nhlabatsi, Sanele	16	SWZ	38.79

#63 Women 17&O 50 Meter Back

Name	Age	Team	Finals Time
1 Plumstead, Keri J	18	RSA	32.52
2 Franklin, Sharné	18	RSA	32.71
3 Beukes, Pamelyn	19	BOTS	35.35
4 Paxinos, Samantha	20	BOTS	37.07
5 Millar, Kirstie	17	MAW	37.37
6 Chinchen, Annabelle	17	MAW	37.93
7 Kastner, Cassandra	17	SWZ	38.56
8 Lourens, Bianca C	13	ZAM	39.13
9 Weltin, Tonia N	38	ZAM	40.76

#64 Men 17&O 50 Meter Back

Name	Age	Team	Finals Time
1 Marais, David	17	RSA	29.83
2 Mweetwa, Milimo	19	ZAM	30.69
3 Maclean, TJ	17	MAW	31.16
*4 Derry, Alexander	19	ZIM	31.43
*4 Gibson, Mathew	26	BOTS	31.43
6 Ferris, Timothy	18	ZIM	31.50
7 Kruger, Juandre	17	RSA	32.18
8 Wilken, Patrick M	17	ZAM	32.80
9 McGrath, Nathan	17	MAW	33.52

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#64 Men 17&O 50 Meter Back

10	Xaba, Mduduzi	19	SWZ	35.49
11	Smit, Ben	25	BOTS	35.95

#65 Women 10&U 100 Meter Free

Name	Age	Team	Finals Time
1 Lopes, Demi F	10	RSA	1:07.11
	31.94	1:07.11	
2 Tafatatha, Joyce	10	MAW	1:12.21
	34.10	1:12.21	
3 Bosma, Caitlin B	10	RSA	1:12.83
	34.13	1:12.83	
4 Lee, Robyn	10	ZIM	1:17.41
	36.47	1:17.41	
5 Here, Melina	10	MOZ	1:18.28
	37.24	1:18.28	
6 Van Hoppe, Stephanie	10	TAN	1:21.75
	41.08	1:21.75	
7 Tuteja, Rhea	10	ZAM	1:22.33
	37.99	1:22.33	
8 Isikson, Kayleigh	10	MAW	1:22.55
	37.77	1:22.55	
9 Mutangadura, Ratidzo	10	ZIM	1:22.59
	39.40	1:22.59	
10 Duke, Saskia	10	BOTS	1:22.82
	38.95	1:22.82	
11 Ngini, Alexandra	10	KEN	1:23.27
	38.53	1:23.27	
12 Adams, Cinda	10	UGA	1:27.66
	40.95	1:27.66	
13 Ebineng, Banyana	10	BOTS	1:29.08
	42.15	1:29.08	
14 Njoroge, Yvonne	10	KEN	1:29.68
	42.49	1:29.68	
15 Findlay, Crystal E	9	ZAM	1:31.15
	41.15	1:31.15	
16 Mabota, Matilde	10	MOZ	1:33.88
	43.52	1:33.88	

#66 Men 10&U 100 Meter Free

Name	Age	Team	Finals Time
1 Panzera, Trent A	10	RSA	1:10.27
	33.45	1:10.27	
2 Janse Van Rensburg, I	10	RSA	1:13.11
	34.77	1:13.11	
3 Cuna, Emidio	10	MOZ	1:18.55
	39.91	1:18.55	
4 Du Toit, Martin	10	BOTS	1:19.14
	37.42	1:19.14	
5 Matija, Kitso	10	BOTS	1:19.96
	38.41	1:19.96	
6 Matiba, Martyn	10	KEN	1:20.05
	39.71	1:20.05	
7 Donker, Tommy	10	MAW	1:20.07
	38.75	1:20.07	

8 Muhebwa, Theodore	9	UGA	1:20.92
	38.51	1:20.92	
9 Ndonga, Samual	10	KEN	1:22.13
	38.85	1:22.13	
10 Stulich, Jordan	10	MAW	1:22.26
	40.05	1:22.26	
11 Dom, Christian	9	TAN	1:23.10
	40.76	1:23.10	
12 Cyprianos, Brendon	10	ZIM	1:23.52
	39.91	1:23.52	
13 Bique, Ahllan	9	MOZ	1:25.59
	40.18	1:25.59	
14 Mataka, Mapolo	10	ZAM	1:28.17
	42.52	1:28.17	
15 Ekirikubinza, Elisah	10	UGA	1:31.11
	43.99	1:31.11	
16 Zulu, Zacharia	7	ZAM	1:32.08
	42.22	1:32.08	
--- Bradford, Sam	10	ZIM	NS

#67 Women 11-12 100 Meter Free

Name	Age	Team	Finals Time
1 Combrink, Tiffaney A	12	RSA	1:07.06
	32.95	1:07.06	
2 Adriaanse, Saskia	12	RSA	1:07.39
	32.01	1:07.39	
3 Huddle, Charis	12	ZAM	1:08.48
	32.96	1:08.48	
4 Catterall, Bree	11	ZIM	1:09.70
	35.06	1:09.70	
5 Paljk, Tilka	11	ZAM	1:14.71
	34.90	1:14.71	
6 Ebineng, Seabe	11	BOTS	1:14.89
	34.90	1:14.89	
7 Opiyo, Martha	11	KEN	1:15.10
	35.84	1:15.10	
8 Richter, Aimelee	11	SWZ	1:15.32
	36.63	1:15.32	
9 Dom, Natasha	12	TAN	1:16.04
	35.98	1:16.04	
10 Munna, Courtney	12	BOTS	1:17.14
	36.45	1:17.14	
11 Bruce, Avalon	12	ZIM	1:18.14
	36.84	1:18.14	
12 Pinto, Ammara	12	MAW	1:21.56
	37.46	1:21.56	
13 Buchanan, Macayla	12	TAN	1:22.30
	39.43	1:22.30	
14 Francisco, Justania	12	MOZ	1:22.68
	39.14	1:22.68	
15 Ogot, Akinyi	12	KEN	1:25.15
	40.03	1:25.15	
16 Gauna, Gina	12	MAW	1:26.98
	40.82	1:26.98	
17 Ibrahim, Zainab A	11	UGA	1:27.25
	39.47	1:27.25	
--- Bique, Jannat	11	MOZ	NS

#68 Men 11-12 100 Meter Free

Name	Age	Team	Finals Time
1 Gomes, Nuno	12	MOZ	1:02.21
	30.13	1:02.21	
2 Molefinyane, Kgosi	12	BOTS	1:06.03
	32.19	1:06.03	
3 Fakir, Shakil	11	MOZ	1:06.75
	32.36	1:06.75	
4 Basson, Alaric B	12	RSA	1:06.96
	31.49	1:06.96	
5 Ngoga, Thomas	12	MAW	1:07.64
	31.95	1:07.64	
6 Ngwenya, Lebo	12	ZIM	1:07.89
	33.08	1:07.89	
7 Davids, Tashreeq T	12	RSA	1:08.53
	33.45	1:08.53	
8 Berkarma, Devon	12	ZAM	1:08.88
	32.90	1:08.88	
9 Vaghela, Shivraj	12	KEN	1:10.39
	32.86	1:10.39	
10 Manisekaran, Thinesh	12	BOTS	1:10.44
	33.74	1:10.44	
11 Nugent, Anthony	12	UGA	1:11.39
	33.94	1:11.39	
12 Pritchard, Connor	12	ZIM	1:12.66
	33.80	1:12.66	
13 Gunter, Jandre	12	ZAM	1:13.01
	34.33	1:13.01	
14 Burley, Tom	11	UGA	1:15.41
	35.73	1:15.41	
15 Richter, GJ	12	SWZ	1:16.31
	36.29	1:16.31	
16 Hawley, Chad	11	SWZ	1:18.06
	36.56	1:18.06	
17 Lamprecht, Lushano	11	NAM	1:19.23
	37.38	1:19.23	

#69 Women 13-14 100 Meter Free

Name	Age	Team	Finals Time
1 Millin, Kathryn	14	SWZ	1:04.65
	31.07	1:04.65	
2 Maclean, Jessie	14	MAW	1:04.90
	30.84	1:04.90	
3 Salate, Faina	14	MOZ	1:07.13
	31.76	1:07.13	
4 Williams, Tara	13	BOTS	1:09.63
	33.47	1:09.63	
5 Graybill, Sophia A	13	ZAM	1:09.66
	33.94	1:09.66	
6 Oruya, Soraya	14	KEN	1:09.88
	33.45	1:09.88	
7 Walter, Shauna	14	TAN	1:10.52
	34.07	1:10.52	
8 Taute, Shannon	14	ZIM	1:10.66
	33.19	1:10.66	

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#69 Women 13-14 100 Meter Free

Name	Age	Team	Finals Time
9 Esterl, Nadine	14	MAW	1:10.90
	32.20	1:10.90	
10 Rubia, Noni T	13	RSA	1:11.38
	33.09	1:11.38	
11 Brown, Holly	14	ZIM	1:11.67
	33.74	1:11.67	
12 Lourens, Choolwe E	13	ZAM	1:11.95
	34.55	1:11.95	
13 Lourenco, Raquel	13	MOZ	1:12.19
	34.39	1:12.19	
14 Schalken, Frederike	13	NAM	1:13.54
	35.11	1:13.54	
15 Sonia, Cege	14	KEN	1:13.72
	34.43	1:13.72	
16 Kleynhans, Dalene	13	BOTS	1:13.75
	33.74	1:13.75	
17 Kelly, Emma	13	TAN	1:14.07
	34.88	1:14.07	
18 Arendse-Gorvalla, Joy	13	RSA	1:14.63
	36.25	1:14.63	
19 Meadan-Torbitt, Anna	13	NAM	1:14.82
	34.44	1:14.82	
20 Chambers, Cydney	14	SWZ	1:15.08
	34.94	1:15.08	

#70 Men 13-14 100 Meter Free

Name	Age	Team	Finals Time
1 Marshall, Sloane	13	ZIM	59.75
	29.77	59.75	
2 Van Schalkwyk, Morn	14	RSA	59.79
	29.65	59.79	
3 du Pont, Quenton	14	SWZ	1:01.48
	28.87	1:01.48	
4 Lawson, James	13	ZIM	1:02.49
	29.72	1:02.49	
5 Webb, David	14	MAW	1:03.38
	28.87	1:03.38	
6 Lesenyeho, Itumeleng	13	RSA	1:04.33
	30.55	1:04.33	
7 Coroa, Edson	14	MOZ	1:04.59
	31.24	1:04.59	
8 Wilken, Thomas J	14	ZAM	1:05.13
	30.98	1:05.13	
9 Coetzee, Jano	14	NAM	1:06.68
	31.46	1:06.68	
10 Champier, Claude	13	MOZ	1:07.14
	31.65	1:07.14	
11 Hamer, Hannes	13	SWZ	1:07.25
	31.53	1:07.25	
12 Kurukulasooriya, Ashc	13	BOTS	1:08.34
	32.13	1:08.34	
13 Lamprecht, Christiaan	13	NAM	1:08.36
	32.69	1:08.36	
14 Talbot, Sean	13	BOTS	1:09.85
	32.35	1:09.85	

15 Millar, Christopher	14	MAW	1:12.59
	33.94	1:12.59	
16 Bhandhair-Singh, Mur	13	ZAM	1:13.50
	33.71	1:13.50	

#71 Women 15-16 100 Meter Free

Name	Age	Team	Finals Time
1 Plumstead, Hayley P	16	RSA	1:02.78
	30.65	1:02.78	
2 Dlamini, Senele	16	SWZ	1:03.10
	30.64	1:03.10	
3 Stagno, Gessica	15	MOZ	1:05.30
	31.19	1:05.30	
4 Viviers, Roxanne	15	ZIM	1:05.80
	31.72	1:05.80	
5 Grendon, Daena	16	ZAM	1:06.84
	32.18	1:06.84	
6 Viljoen, Michelle	16	BOTS	1:08.24
	31.59	1:08.24	
7 Kopsieker, Lisa	16	KEN	1:09.10
	32.51	1:09.10	
8 Archer, Elisa	15	MOZ	1:10.26
	32.52	1:10.26	
9 Whitehead, Lauren	16	ZIM	1:11.62
	33.75	1:11.62	
10 Pinto, Zahra	15	MAW	1:11.93
	34.12	1:11.93	
11 Walker, Gemma	15	MAW	1:12.31
	35.11	1:12.31	
12 Chabedi, Reabetswe	15	RSA	1:13.53
	35.44	1:13.53	
13 Weya, Samantha	16	KEN	1:13.64
	34.30	1:13.64	
14 Van Der Colff, Deandi	15	BOTS	1:16.44
	35.92	1:16.44	
--- Moir, Crystal	15	ZAM	DNF
	Did not finish		
	32.25		

#72 Men 15-16 100 Meter Free

Name	Age	Team	Finals Time
1 Schultz, Jamie	16	ZIM	56.93
	27.46	56.93	
2 Lawson, Matthew	15	ZIM	58.14
	28.10	58.14	
3 Newton, Jarryd M	16	RSA	59.59
	28.17	59.59	
4 Schurz, Tim	15	ZAM	1:00.05
	28.39	1:00.05	
5 Mackintosh, Cameron	15	ZAM	1:00.40
	27.84	1:00.40	
6 Wesso, Dean C	15	RSA	1:00.91
	29.20	1:00.91	
7 Maclean, Mitch	16	MAW	1:01.37
	29.46	1:01.37	
8 Lourenco, Valdo	16	MOZ	1:01.83
	28.68	1:01.83	

9 Beukes, Johannes	16	BOTS	1:02.17
	29.51	1:02.17	
10 Linder, Rasmus	15	TAN	1:02.18
	29.36	1:02.18	
11 Alberto, Carlos	15	ANG	1:03.36
	30.29	1:03.36	
12 Tivane, Francisco	15	MOZ	1:03.64
	29.30	1:03.64	
13 Nhlabatsi, Sanele	16	SWZ	1:03.97
	28.62	1:03.97	
14 Daisuke, Ronald	15	UGA	1:05.16
	30.42	1:05.16	
15 Shah, Rushab	15	KEN	1:11.02
	32.09	1:11.02	
16 Shah, Akshay	16	KEN	1:11.41
	31.58	1:11.41	
17 Rapula, Tshepo	16	BOTS	1:15.76
	33.81	1:15.76	

#73 Women 17&O 100 Meter Free

Name	Age	Team	Finals Time
1 Plumstead, Keri J	18	RSA	1:01.47
	28.50	1:01.47	
2 Franklin, Sharné	18	RSA	1:02.98
	30.36	1:02.98	
3 Ghorpade, Arti	17	IND	1:04.76
	31.43	1:04.76	
4 Beukes, Pamelyn	19	BOTS	1:07.09
	32.33	1:07.09	
5 Chinchen, Annabelle	17	MAW	1:07.36
	31.03	1:07.36	
6 Paxinos, Samantha	20	BOTS	1:08.50
	33.54	1:08.50	
7 Kastner, Cassandra	17	SWZ	1:11.79
	33.99	1:11.79	
8 Dingle, Sandra A	15	ZAM	1:12.78
	34.68	1:12.78	
9 Millar, Kirstie	17	MAW	1:13.67
	34.38	1:13.67	
10 Weltin, Tonia N	38	ZAM	1:20.20
	37.78	1:20.20	

#74 Men 17&O 100 Meter Free

Name	Age	Team	Finals Time
1 Keating, Cassey S	17	RSA	55.65
	26.94	55.65	
2 Ferris, Timothy	18	ZIM	55.90
	26.48	55.90	
3 Marais, David	17	RSA	56.69
	27.78	56.69	
4 Stirling, Scott	17	ZIM	57.71
	27.97	57.71	
5 Maclean, TJ	17	MAW	58.08
	28.20	58.08	
6 Xaba, Mduduzi	19	SWZ	59.77
	27.74	59.77	

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#74 Men 17&O 100 Meter Free)

Name	Age	Team	Finals Time
7 Mweetwa, Milimo	19	ZAM	59.84
	28.10	59.84	
8 Wilken, Patrick M	17	ZAM	1:00.71
	29.42	1:00.71	
9 Kamyuka, John	19	BOTS	1:02.11
	28.52	1:02.11	
10 Nyirenda, Charlton	17	MAW	1:02.90
	29.74	1:02.90	
11 Makere, Samson	33	TAN	1:06.95
	30.98	1:06.95	
12 Smit, Ben	25	BOTS	1:07.25
	31.03	1:07.25	
13 Wasswa, Albert	20	UGA	1:07.39
	30.28	1:07.39	
14 Mapunda, Salum	23	TAN	1:10.58
	31.68	1:10.58	
15 Nakabaale, Isaac	31	UGA	1:17.96
	33.58	1:17.96	

#75 Women 10&U 200 Meter IM

Name	Age	Team	Finals Time
1 Lopes, Demi F	10	RSA	2:52.53
	36.69	1:21.93	2:13.41
			2:52.53
2 Bosma, Caitlin B	10	RSA	3:02.59
	41.94	1:26.93	2:22.12
			3:02.59
3 Tafatatha, Joyce	10	MAW	3:03.80
	41.03	1:27.36	2:23.60
			3:03.80
4 Lee, Robyn	10	ZIM	3:09.35
	41.81	1:28.98	2:28.46
			3:09.35
5 Isikson, Kayleigh	10	MAW	3:19.30
	43.68	1:35.48	2:32.88
			3:19.30
6 Kamau, Rebecca	10	KEN	3:26.92
	43.04	1:41.15	2:39.34
			3:26.92
7 Ngini, Alexandra	10	KEN	3:37.30
	47.92	1:44.48	2:47.15
			3:37.30
8 Here, Melina	10	MOZ	3:39.57
	44.37	1:38.62	2:51.90
			3:39.57
9 Pinkney, Laura A	10	ZAM	3:40.45
	45.43	1:42.06	2:50.48
			3:40.45
10 Huddle, Naomi	10	ZAM	3:44.13
	53.98	1:51.90	2:54.76
			3:44.13
11 Van Der Nest, Niamh	10	ZIM	3:45.64
	55.18	1:58.53	2:54.96
			3:45.64

#76 Men 10&U 200 Meter IM

Name	Age	Team	Finals Time
1 Janse Van Rensburg, I	10	RSA	3:07.82
	43.51	1:33.40	2:26.38
			3:07.82
2 Bradford, Sam	10	ZIM	3:10.22
	39.70	1:28.54	2:25.88
			3:10.22
3 Brown, Andrew E	10	RSA	3:13.48
	42.87	1:32.25	2:29.28
			3:13.48
4 Bique, Ahllan	9	MOZ	3:16.05
	45.19	1:38.27	2:32.90
			3:16.05

5 Cyprianos, Brendon	10	ZIM	3:17.75
	43.52	1:34.11	2:32.16
			3:17.75
6 Donker, Tommy	10	MAW	3:19.79
	44.14	1:36.11	2:38.36
			3:19.79
7 Ndonga, Samual	10	KEN	3:22.57
	45.31	1:40.02	2:38.33
			3:22.57
8 Stulich, Jordan	10	MAW	3:23.28
	49.21	1:42.29	2:42.57
			3:23.28
9 Du Toit, Martin	10	BOTS	3:27.08
	47.34	1:38.19	2:42.38
			3:27.08
10 Tavares, Jalik	9	MOZ	3:27.55
	41.67	1:36.13	2:41.90
			3:27.55
11 Matiba, Martyn	10	KEN	3:35.50
	47.52	1:43.36	2:51.11
			3:35.50
12 Frost, Sheldon	10	BOTS	3:36.76
	48.12	1:45.92	2:50.10
			3:36.76
13 Reeves, Andre	10	ZAM	3:56.57
	53.52	1:58.45	3:01.33
			3:56.57
14 Mataka, Mapolo	10	ZAM	4:04.67
	55.75	2:01.01	3:15.06
			4:04.67

#77 Women 11-12 200 Meter IM

Name	Age	Team	Finals Time
1 Hess, Nina	12	RSA	2:46.11
	35.64	1:20.31	2:07.64
			2:46.11
2 Bruce, Avalon	12	ZIM	2:49.80
	36.07	1:20.07	2:10.12
			2:49.80
3 Combrink, Tiffaney A	12	RSA	2:52.46
	36.57	1:19.99	2:13.51
			2:52.46
4 Stead, Savannah	12	ZIM	2:55.74
	38.53	1:27.33	2:15.60
			2:55.74
5 Bique, Jannat	11	MOZ	3:02.18
	39.59	1:24.94	2:21.39
			3:02.18
6 Chungu, Jasmine P	12	ZAM	3:02.39
	41.74	1:28.70	2:21.81
			3:02.39
7 Schuler-Weltin, Ayla J	12	ZAM	3:06.29
	39.25	1:30.65	2:24.04
			3:06.29
8 Opiyo, Martha	11	KEN	3:14.14
	42.31	1:33.93	2:32.74
			3:14.14
9 Richter, Aimelee	11	SWZ	3:16.16
	48.84	1:41.57	2:38.34
			3:16.16
10 Brina, Maggie	12	BOTS	3:17.88
	40.90	1:32.57	2:34.56
			3:17.88
11 Tejpar, Ariana	12	KEN	3:18.49
	46.42	1:37.63	2:36.03
			3:18.49
12 Munna, Courtney	12	BOTS	3:19.07
	43.81	1:36.28	2:37.36
			3:19.07
13 Dom, Natasha	12	TAN	3:20.91
	45.22	1:33.50	2:36.00
			3:20.91
14 Buchanan, Macayla	12	TAN	3:22.33
	49.74	1:42.57	2:38.05
			3:22.33
15 Pinto, Ammara	12	MAW	3:29.06
	48.06	1:42.81	2:46.90
			3:29.06
16 Ibrahim, Zainab A	11	UGA	3:32.44
	51.52	1:48.09	2:46.02
			3:32.44
17 Saword, Chikondi	12	MAW	4:01.53
	53.30	1:54.79	3:03.96
			4:01.53

#78 Men 11-12 200 Meter IM

Name	Age	Team	Finals Time
1 Gomes, Nuno	12	MOZ	2:43.04
	31.71	1:14.71	2:06.92
			2:43.04
2 Basson, Alard D	12	RSA	2:43.64
	31.88	1:20.55	2:08.86
			2:43.64
3 Ngoga, Thomas	12	MAW	2:47.35
	36.83	1:19.91	2:09.13
			2:47.35
4 Basson, Alaric B	12	RSA	2:51.63
	35.45	1:26.41	2:14.95
			2:51.63
5 Fakir, Shakil	11	MOZ	2:53.63
	36.98	1:23.01	2:17.35
			2:53.63
6 Goveia, Ralph W	12	ZAM	2:56.87
	37.65	1:26.82	2:15.50
			2:56.87
7 Vaghela, Shivraj	12	KEN	2:58.53
	35.95	1:24.32	2:17.73
			2:58.53
8 Manisekaran, Thinesh	12	BOTS	3:00.49
	37.12	1:21.19	2:19.46
			3:00.49
9 Nugent, Anthony	12	UGA	3:01.44
	39.72	1:26.43	2:21.75
			3:01.44
10 Ngwenya, Lebo	12	ZIM	3:04.78
	37.83	1:27.53	2:26.59
			3:04.78
11 Berkarma, Devon	12	ZAM	3:05.12
	38.20	1:27.09	2:27.01
			3:05.12
12 Burley, Tom	11	UGA	3:09.27
	42.34	1:31.15	2:27.62
			3:09.27
13 Richter, GJ	12	SWZ	3:11.42
	42.66	1:31.01	2:26.91
			3:11.42
14 Pritchard, Connor	12	ZIM	3:14.38
	44.18	1:35.09	2:32.49
			3:14.38
15 Hawley, Chad	11	SWZ	3:18.05
	50.55	1:40.83	2:37.09
			3:18.05
16 Van Der Colff, David	11	BOTS	3:19.16
	43.96	1:35.75	2:39.48
			3:19.16

#79 Women 13-14 200 Meter IM

Name	Age	Team	Finals Time
1 Findlay, Dani B	14	ZAM	2:47.14
	33.75	1:18.47	2:09.21
			2:47.14
2 Cossa, Jessica	13	MOZ	2:51.41
	34.89	1:15.66	2:08.18
			2:51.41
3 Maclean, Jessie	14	MAW	2:52.21
	36.89	1:23.57	2:16.51
			2:52.21
4 Millin, Kathryn	14	SWZ	2:54.51
	35.49	1:22.80	2:16.59
			2:54.51
5 Taute, Shannon	14	ZIM	2:55.42
	36.39	1:25.61	2:19.20
			2:55.42
6 Howard, Jade A	13	ZAM	2:55.53
	38.27	1:23.77	2:15.80
			2:55.53
7 Rubia, Noni T	13	RSA	2:57.11
	36.93	1:23.77	2:14.46
			2:57.11
8 Salate, Faina	14	MOZ	2:58.75
	35.79	1:21.21	2:16.17
			2:58.75
9 Meadan-Torbitt, Anna	13	NAM	3:00.25
	40.40	1:25.69	2:17.96
			3:00.25

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#79 Women 13-14 200 Meter IM

Name	Age	Team	Finals Time
10 Bhandekar, Kavya	13	IND	3:00.78
	38.14	1:23.77	2:18.74
			3:00.78
11 Esterl, Nadine	14	MAW	3:01.07
	39.52	1:29.35	2:18.94
			3:01.07
12 Kleynhans, Dalene	13	BOTS	3:01.35
	40.10	1:26.95	2:21.64
			3:01.35
13 Brown, Holly	14	ZIM	3:02.32
	38.54	1:24.49	2:18.58
			3:02.32
*14 Walter, Shauna	14	TAN	3:05.62
	38.32	1:25.48	2:20.77
			3:05.62
*14 Arendse-Gorvalla, Joy	13	RSA	3:05.62
	35.34	1:23.48	2:21.09
			3:05.62
16 Sonia, Cege	14	KEN	3:06.83
	40.61	1:28.97	2:23.84
			3:06.83
17 Chambers, Cydney	14	SWZ	3:09.76
	40.29	1:29.02	2:27.25
			3:09.76
18 Ebineng, Duduetsang	13	BOTS	3:22.44
	42.08	1:38.63	2:36.37
			3:22.44

#80 Men 13-14 200 Meter IM

Name	Age	Team	Finals Time
1 Van Schalkwyk, Morn	14	RSA	2:29.40
	32.98	1:11.85	1:57.20
			2:29.40
2 Finch, Joshua R	13	RSA	2:30.26
	32.99	1:12.30	1:57.43
			2:30.26
3 Lawson, James	13	ZIM	2:34.30
	33.06	1:14.45	1:58.27
			2:34.30
4 Webb, David	14	MAW	2:43.31
	33.69	1:17.10	2:09.40
			2:43.31
5 Marshall, Sloane	13	ZIM	2:43.55
	34.20	1:15.04	2:10.45
			2:43.55
6 du Pont, Quenton	14	SWZ	2:45.78
	34.29	1:15.86	2:06.16
			2:45.78
7 Duers, Ryan	14	MAW	2:46.01
	36.75	1:22.67	2:09.80
			2:46.01
8 Kurukulasooriya, Ashc	13	BOTS	2:50.37
	34.65	1:18.56	2:07.94
			2:50.37
9 Lamprecht, Christiaan	13	NAM	2:50.91
	37.67	1:24.17	2:14.29
			2:50.91
10 Hamer, Hannes	13	SWZ	2:50.99
	39.22	1:22.49	2:13.85
			2:50.99
11 Talbot, Sean	13	BOTS	2:57.23
	40.20	1:25.39	2:17.87
			2:57.23
12 Coetzee, Jano	14	NAM	3:05.23
	39.33	1:26.67	2:23.06
			3:05.23
13 Chungu, James C	13	ZAM	3:16.88
	39.00	1:29.72	2:28.52
			3:16.88
--- Champier, Claude	13	MOZ	NS
--- Coroa, Edson	14	MOZ	NS

#81 Women 15-16 200 Meter IM

Name	Age	Team	Finals Time
1 Lindemeier, Daniela	16	NAM	2:35.91
	33.06	1:17.51	2:00.66
			2:35.91

2 Plumstead, Hayley P	16	RSA	2:36.31
	33.27	1:12.93	2:01.73
			2:36.31
3 Stagno, Gessica	15	MOZ	2:49.85
	35.22	1:18.72	2:12.63
			2:49.85
4 Mogne, Tamires	16	MOZ	2:57.81
	38.28	1:21.90	2:17.60
			2:57.81
5 Dlamini, Senele	16	SWZ	2:59.42
	37.74	1:25.14	2:19.86
			2:59.42
6 Jordaan, Michelle M	15	ZAM	3:00.28
	36.48	1:23.58	2:18.29
			3:00.28
7 Whitehead, Lauren	16	ZIM	3:00.29
	37.20	1:25.88	2:19.25
			3:00.29
8 Stack, Anne	15	ZIM	3:00.88
	40.78	1:29.48	2:18.21
			3:00.88
9 Chabedi, Reabetswe	15	RSA	3:03.56
	38.22	1:23.75	3:03.56
			3:03.56
10 McGrath, Camilla	16	MAW	3:11.92
	41.32	1:35.78	2:26.47
			3:11.92
11 Weya, Samantha	16	KEN	3:19.74
	41.64	1:37.22	2:36.23
			3:19.74
--- Moir, Crystal	15	ZAM	NS

#82 Men 15-16 200 Meter IM

Name	Age	Team	Finals Time
1 Lawson, Matthew	15	ZIM	2:24.26
	30.04	1:08.22	1:52.18
			2:24.26
2 Fredericks, Kern C	16	RSA	2:27.19
	29.67	1:07.42	1:50.14
			2:27.19
3 Wesso, Dean C	15	RSA	2:33.61
	31.06	1:10.65	2:01.70
			2:33.61
4 Maclean, Mitch	16	MAW	2:33.85
	34.00	1:12.40	2:02.28
			2:33.85
5 Schultz, Jamie	16	ZIM	2:37.88
	30.98	1:12.48	2:02.77
			2:37.88
6 Mackintosh, Cameron	15	ZAM	2:39.60
	33.66	1:14.16	2:02.11
			2:39.60
7 Tivane, Francisco	15	MOZ	2:40.17
	32.34	1:16.68	2:03.16
			2:40.17
8 Lourenco, Marco	16	BOTS	2:40.37
	31.31	1:12.58	2:04.30
			2:40.37
9 Kulikowski, Boris	15	NAM	2:42.59
	33.20	1:20.32	2:04.49
			2:42.59
10 Linder, Rasmus	15	TAN	2:44.64
	32.53	1:12.94	2:07.27
			2:44.64
11 Smith, Hano	16	ZAM	2:44.73
	34.07	1:18.67	2:05.60
			2:44.73
12 Beukes, Johannes	16	BOTS	2:44.95
	39.37	1:21.37	2:08.76
			2:44.95
13 Teixeira, Pavel	15	ANG	2:48.47
	32.48	1:19.15	2:09.77
			2:48.47
14 Nhlabatsi, Sanele	16	SWZ	2:59.79
	32.59	1:24.91	2:17.21
			2:59.79
15 Shah, Rushab	15	KEN	3:04.74
	39.77	1:25.55	2:21.68
			3:04.74
16 Otieno, Nigel	16	KEN	3:12.33
	33.75	1:24.44	2:25.71
			3:12.33
--- Lourenco, Valdo	16	MOZ	NS

#83 Women 17&O 200 Meter IM

Name	Age	Team	Finals Time
1 Plumstead, Keri J	18	RSA	2:33.29
	30.84	1:15.02	1:57.84
			2:33.29
2 Kay, Sarah	17	RSA	2:33.69
	31.56	1:12.40	1:59.27
			2:33.69
3 Ghorpade, Arti	17	IND	2:45.86
	35.39	1:17.30	2:09.59
			2:45.86
4 Beukes, Pamelyn	19	BOTS	2:49.80
	36.36	1:19.85	2:10.79
			2:49.80
5 Dingle, Sandra A	15	ZAM	3:04.50
	37.20	1:27.24	2:22.30
			3:04.50
6 Kastner, Cassandra	17	SWZ	3:12.31
	41.97	1:32.80	2:29.89
			3:12.31
7 Millar, Kirstie	17	MAW	3:15.17
	39.08	1:27.26	2:30.41
			3:15.17
8 Weltin, Tonia N	38	ZAM	3:16.49
	44.39	1:34.62	2:32.34
			3:16.49
--- Chinchen, Annabelle	17	MAW	DQ
	No touch - fly		
	37.06	1:21.75	2:16.93
			DQ

#84 Men 17&O 200 Meter IM

Name	Age	Team	Finals Time
1 Keating, Cassey S	17	RSA	2:20.03
	29.44	1:03.59	1:48.17
			2:20.03
2 Kruger, Juandre	17	RSA	2:21.93
	29.00	1:06.80	1:48.77
			2:21.93
3 Maclean, TJ	17	MAW	2:24.87
	30.08	1:08.08	1:52.88
			2:24.87
4 Derry, Alexander	19	ZIM	2:25.44
	32.51	1:10.26	1:50.35
			2:25.44
5 Stirling, Scott	17	ZIM	2:30.06
	31.19	1:10.54	1:56.27
			2:30.06
6 Wilken, Patrick M	17	ZAM	2:39.66
	31.66	1:13.46	2:02.21
			2:39.66
7 McGrath, Nathan	17	MAW	2:45.85
	34.54	1:17.52	2:03.08
			2:45.85
8 Xaba, Mduduzi	19	SWZ	2:47.77
	32.04	1:13.90	2:07.20
			2:47.77
9 Sililo, Mmbalo S	19	ZAM	2:49.00
	33.90	1:17.21	2:08.60
			2:49.00
10 Gibson, Mathew	26	BOTS	2:51.78
	30.56	1:15.23	2:11.33
			2:51.78
11 Boitumelo, Balesang	28	BOTS	3:27.74
	39.13	1:35.45	2:32.12
			3:27.74

#85 Women 14&U 4x50 Meter Free Relay

Team	Relay	Finals Time
1 ZAM	A	2:01.91
	Howard, Jade A 13	Lourens, Choolwe E 13
	Huddle, Charis 12	Findlay, Dani B 14
	30.58	1:01.48
		1:32.00
		2:01.91

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#85 Women 14&U 4x50 Meter Free Relay

2	RSA	A	2:02.93
	Adriaanse, Saskia 12	Hess, Nina 12	
	Arendse-Gorvalla, Joy B	Van der Venter, Aelke S	
	30.49	1:01.30	1:32.97 2:02.93
3	MAW	A	2:06.65
	Maclean, Jessie 14	Tafatatha, Joyce 10	
	Pinto, Ammara 12	Esterl, Nadine 14	
	29.93	1:02.40	1:36.77 2:06.65
4	MOZ	A	2:08.95
	Lourenco, Raquel 13	Cossa, Jessica 13	
	Bique, Jannat 11	Salate, Faina 14	
	32.74	1:03.87	1:37.82 2:08.95
5	ZIM	A	2:09.11
	Catterall, Bree 11	Bruce, Avalon 12	
	Brown, Holly 14	Taute, Shannon 14	
	31.57	1:05.36	1:37.63 2:09.11
6	BOTS	A	2:10.38
	Williams, Tara 13	Ebineng, Duduetsang 13	
	Ebineng, Seabe 11	Kleynhans, Dalene 13	
	30.88	1:03.88	1:37.21 2:10.38
7	SWZ	A	2:10.58
	Chambers, Cydney 14	Richter, Aimelee 11	
	Louw, Anina 12	Millin, Kathryn 14	
	30.95	1:04.93	1:41.74 2:10.58
8	KEN	A	2:11.81
	Oruya, Soraya 14	Lanoe, Talisa 14	
	Opiyo, Martha 11	Sonia, Cege 14	
	33.14	1:06.21	1:40.04 2:11.81
9	TAN	A	2:14.83
	Foum, Mariam 14	Kelly, Emma 13	
	Dom, Natasha 12	Walter, Shauna 14	
	33.71	1:06.65	1:42.28 2:14.83
10	UGA	A	2:15.03
	Muhebwa, Tyler Sharon	Bonders, Paula 10	
	Van Droogenbroeck, Jes	Lunkuse, Jamila 12	
	31.52	1:06.19	1:40.62 2:15.03

#86 Men 14&U 4x50 Meter Free Relay

Team	Relay	Finals Time
1	RSA	A 1:50.49
	Silent, Josh R 14	Lesenyeho, Itumeleng 13
	Finch, Joshua R 13	Milakhe, Brendan B 14
	27.21	56.08 1:24.04 1:50.49
2	ZIM	A 1:52.58
	Rosser, Dylan 13	Ngwenya, Lebo 12
	Lawson, James 13	Marshall, Sloane 13
	27.89	57.67 1:25.72 1:52.58
3	MOZ	A 1:54.29
	Champier, Claude 13	Fakir, Shakil 11
	Coroa, Edson 14	Gomes, Nuno 12
	28.53	57.29 1:27.08 1:54.29
4	BOTS	A 1:58.11
	Manisekaran, Thinesh 13	Engelbrecht, Christiaan
	Molefinyane, Kgosi 12	Kurukulasooriya, Ashen
	30.01	59.80 1:28.63 1:58.11

5	MAW	A	1:59.35
	Webb, David 14	Millar, Christopher 14	
	Duers, Ryan 14	Ngoga, Thomas 12	
	27.62	59.19	1:29.58 1:59.35
6	ZAM	A	2:03.06
	Gunter, Jandre 12	Berkarma, Devon 12	
	Bhandhair-Singh, Muna	Wilken, Thomas J 14	
	33.10	1:03.19	1:34.56 2:03.06
7	SWZ	A	2:05.89
	Hamer, Hannes 13	Richter, GJ 12	
	Hawley, Chad 11	du Pont, Quenton 14	
	30.86	1:04.40	1:38.39 2:05.89
8	UGA	A	2:16.44
	Muhebwa, Theodore 9	Ekirikubinza, Joshua 12	
	Burley, Tom 11	Nugent, Anthony 12	
	31.86		1:43.14 2:16.44

#87 Women 15&O 4x50 Meter Free Relay

Team	Relay	Finals Time	
1	RSA	A 1:56.61	
	Plumstead, Keri J 18	Franklin, Sharné 18	
	Kay, Sarah 17	Plumstead, Hayley P 16	
	27.71	56.97	1:24.63 1:56.61
2	BOTS	A 2:03.10	
	Paxinos, Samantha 20	Van Der Colff, Deandra	
	Viljoen, Michelle 16	Beukes, Pamelyn 19	
	30.35	1:03.33	1:32.80 2:03.10
3	ZAM	A 2:04.77	
	Moir, Crystal 15	Howard, Courtney 15	
	Jordaan, Michelle M 15	Grendon, Daena 16	
	30.74	1:02.88	1:34.53 2:04.77
4	MAW	A 2:05.60	
	Pinto, Zahra 15	Walker, Gemma 15	
	Millar, Kirstie 17	Chinchen, Annabelle 17	
	31.90	1:03.35	1:35.89 2:05.60
5	ZIM	A 2:10.42	
	Whitehead, Lauren 16	Langton, Ashley 15	
	Stack, Anne 15	Viviers, Roxanne 15	
	32.25	1:06.37	1:25.13 2:10.42

#88 Men 15&O 4x50 Meter Free Relay

Team	Relay	Finals Time	
1	RSA	A 1:41.98	
	Keating, Cassey S 17	Marais, David 17	
	Newton, Jarryd M 16	Kruger, Juandre 17	
	25.31	50.45	1:16.48 1:41.98
2	ZIM	A 1:42.04	
	Schultz, Jamie 16	Stirling, Scott 17	
	Rosser, Drew 15	Ferris, Timothy 18	
	26.07	51.90	1:17.73 1:42.04
3	ZAM	A 1:45.18	
	Thompson, Mark P 18	Wilken, Patrick M 17	
	Mackintosh, Cameron B	Mweetwa, Milimo 19	
	26.49	52.92	1:19.67 1:45.18

4	MAW	A	1:46.84
	McGrath, Nathan 17	Nyirenda, Charlton 17	
	Maclean, Mitch 16	Maclean, TJ 17	
	27.05	54.04	1:20.51 1:46.84
5	BOTS	A	1:47.04
	Gibson, Mathew 26	Beukes, Johannes 16	
	Lourenco, Marco 16	Kamyuka, John 19	
	25.35	52.72	1:20.06 1:47.04
6	TAN	A	1:56.75
	Linder, Rasmus 15	Makere, Samson 33	
	Mapunda, Salum 23	Rushaka, Khalid 28	
	28.35	57.87	1:27.94 1:56.75
7	KEN	A	1:58.54
	Odede, Anthony 16	Shah, Rushab 15	
	Shah, Akshay 16	Otieno, Nigel 16	
	29.01	1:00.12	1:29.60 1:58.54
8	UGA	A	2:00.51
	Nakabaale, Isaac 31	Kakooza, Sharif 16	
	Daisuke, Ronald 15	Wasswa, Albert 20	
	29.10	58.90	1:31.95 2:00.51

#89 Women 12&U 200 Meter Free

Name	Age	Team	Finals Time
1	Combrink, Tiffaney A 12	RSA	2:33.04
	35.88	1:16.13	1:55.35 2:33.04
2	Adriaanse, Saskia 12	RSA	2:34.40
	35.72	1:16.25	1:55.90 2:34.40
3	Catterall, Bree 11	ZIM	2:34.49
	36.80	1:17.56	1:58.79 2:34.49
4	Huddle, Charis 12	ZAM	2:34.92
	37.17	1:17.69	1:58.28 2:34.92
5	Bruce, Avalon 12	ZIM	2:41.96
	36.69	1:17.48	2:00.15 2:41.96
6	Chungu, Jasmine P 12	ZAM	2:44.03
	35.92	1:18.08	2:02.40 2:44.03
7	Tafatatha, Joyce 10	MAW	2:47.20
	38.30	1:21.99	2:07.61 2:47.20
8	Munna, Courtney 12	BOTS	2:52.32
	39.29	1:23.80	2:08.84 2:52.32
*9	Matija, Tara 12	BOTS	2:57.55
	39.80	1:25.15	2:12.85 2:57.55
*9	Richter, Aimelee 11	SWZ	2:57.55
	37.25	1:22.94	2:12.09 2:57.55
11	Pinto, Ammara 12	MAW	3:04.65
	40.74	1:30.70	2:20.94 3:04.65
12	Tejpar, Ariana 12	KEN	3:07.13
	42.77	1:32.34	2:24.66 3:07.13
13	Shah, Khyati 12	KEN	3:09.23
	41.59	1:32.16	2:23.96 3:09.23
14	Ibrahim, Zainab A 11	UGA	3:18.65
	42.62	1:33.95	2:27.81 3:18.65
---	Bique, Jannat 11	MOZ	NS
---	Francisco, Justania 12	MOZ	NS

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#90 Men 12&U 200 Meter Free

Name	Age	Team	Finals Time
1 Gomes, Nuno	12	MOZ	2:21.48
	31.82	1:07.07	1:44.56
			2:21.48
2 Kafaar, Nizaam	12	RSA	2:26.92
	33.00	1:10.14	1:48.75
			2:26.92
3 Basson, Alaric B	12	RSA	2:27.21
	33.24	1:11.95	1:51.29
			2:27.21
4 Ngoga, Thomas	12	MAW	2:30.86
	33.92	1:11.81	1:51.93
			2:30.86
5 Berkarma, Devon	12	ZAM	2:32.52
	34.48	1:13.08	1:54.07
			2:32.52
6 Mogne, Igor	12	MOZ	2:34.49
	35.65	1:14.88	1:55.58
			2:34.49
7 Ngwenya, Lebo	12	ZIM	2:38.25
	35.18	1:15.10	1:57.00
			2:38.25
8 Manisekaran, Thinesh	12	BOTS	2:41.38
	36.25	1:18.43	2:01.97
			2:41.38
9 Kloppers, Johannes	12	ZIM	2:42.36
	35.93	1:17.35	2:01.05
			2:42.36
10 Burley, Tom	11	UGA	2:44.95
	36.49	1:17.38	2:01.16
			2:44.95
11 Richter, GJ	12	SWZ	2:51.32
	37.01	1:21.74	2:07.02
			2:51.32
12 Gunter, Jandre	12	ZAM	2:53.97
	37.83	1:21.89	2:09.41
			2:53.97
13 Van Der Colff, David	11	BOTS	2:54.20
	38.83	1:24.49	2:11.96
			2:54.20
14 Hawley, Chad	11	SWZ	2:55.92
	39.97	1:26.21	2:13.03
			2:55.92
15 Donker, Tommy	10	MAW	2:57.70
	42.19	1:28.22	2:15.15
			2:57.70

#91 Women 13-14 200 Meter Free

Name	Age	Team	Finals Time
1 Maclean, Jessie	14	MAW	2:26.46
	33.85	1:11.53	1:49.64
			2:26.46
2 Taute, Shannon	14	ZIM	2:29.75
	33.95	1:11.16	1:50.12
			2:29.75
3 Millin, Kathryn	14	SWZ	2:30.94
	34.13	1:12.23	1:51.93
			2:30.94
4 Salate, Faina	14	MOZ	2:34.78
	33.81	1:11.08	1:51.56
			2:34.78
5 Graybill, Sophia A	13	ZAM	2:35.98
	36.48	1:17.31	1:58.35
			2:35.98
6 Williams, Tara	13	BOTS	2:36.30
	35.87	1:17.10	1:58.43
			2:36.30
7 Lourenco, Raquel	13	MOZ	2:37.48
	34.92	1:14.80	1:57.31
			2:37.48
8 Walter, Shauna	14	TAN	2:43.14
	35.43	1:16.04	2:00.14
			2:43.14
9 Arendse-Gorvalla, Joy	13	RSA	2:43.48
	35.64	1:16.85	2:01.24
			2:43.48
10 Esterl, Nadine	14	MAW	2:46.72
	35.77	1:17.48	2:02.19
			2:46.72

11 Lourens, Choolwe E	13	ZAM	2:48.07
	35.79	1:17.18	2:02.85
			2:48.07
12 Kelly, Emma	13	TAN	2:50.26
	35.82	1:18.37	2:05.29
			2:50.26
13 Chambers, Cydney	14	SWZ	2:56.83
	37.42	1:20.99	2:08.50
			2:56.83
14 Ebineng, Duduetsang	13	BOTS	3:04.60
	38.94	1:24.59	2:16.21
			3:04.60

#92 Men 13-14 200 Meter Free

Name	Age	Team	Finals Time
1 Van Schalkwyk, Morn	14	RSA	2:13.65
	31.83	1:06.16	1:40.94
			2:13.65
2 Marshall, Sloane	13	ZIM	2:14.41
	30.82	1:05.94	1:41.67
			2:14.41
3 Silent, Josh R	14	RSA	2:14.96
	31.69	1:06.73	1:42.42
			2:14.96
4 Lawson, James	13	ZIM	2:18.29
	31.45	1:07.10	1:43.15
			2:18.29
5 Webb, David	14	MAW	2:25.47
	31.33	1:07.58	1:45.73
			2:25.47
6 du Pont, Quenton	14	SWZ	2:27.81
	33.92	1:12.53	1:52.55
			2:27.81
7 Lamprecht, Christiaan	13	NAM	2:28.20
	34.52	1:12.75	1:51.58
			2:28.20
8 Champier, Claude	13	MOZ	2:30.00
	33.72	1:12.81	1:52.02
			2:30.00
9 Wilken, Thomas J	14	ZAM	2:30.55
	34.70	1:12.77	1:52.45
			2:30.55
10 Hamer, Hannes	13	SWZ	2:30.88
	34.09	1:12.34	1:52.99
			2:30.88
11 Coetzee, Jano	14	NAM	2:31.53
	33.87	1:12.56	1:52.36
			2:31.53
12 Talbot, Sean	13	BOTS	2:32.14
	34.06	1:13.97	1:54.55
			2:32.14
13 Coroa, Edson	14	MOZ	2:33.96
	32.90	1:11.03	1:53.01
			2:33.96
14 Millar, Christopher	14	MAW	2:45.48
	34.80	1:15.73	2:00.41
			2:45.48
15 Bhandhair-Singh, Mur	13	ZAM	2:45.90
	35.01	1:16.42	2:02.37
			2:45.90

#93 Women 15-16 200 Meter Free

Name	Age	Team	Finals Time
1 Plumstead, Hayley P	16	RSA	2:23.04
	32.67	1:10.04	1:48.86
			2:23.04
2 Stagno, Gessica	15	MOZ	2:24.64
	33.54	1:10.03	1:47.66
			2:24.64
3 Dlamini, Senele	16	SWZ	2:30.66
	33.72	1:11.53	1:50.69
			2:30.66
4 Viviers, Roxanne	15	ZIM	2:31.67
	33.14	1:10.85	1:51.33
			2:31.67
5 Stack, Anne	15	ZIM	2:37.82
	36.09	1:16.07	1:57.75
			2:37.82
6 Moir, Crystal	15	ZAM	2:39.22
	34.33	1:13.73	1:56.65
			2:39.22

7 Pinto, Zahra	15	MAW	2:41.18
	36.94	1:18.08	2:00.46
			2:41.18
8 Archer, Elisa	15	MOZ	2:41.46
	37.71	1:18.46	2:01.54
			2:41.46
9 Walker, Gemma	15	MAW	2:44.52
	37.86	1:19.14	2:03.19
			2:44.52
10 Chabedi, Reabetswe	15	RSA	2:46.07
	37.52	1:18.90	2:02.96
			2:46.07
--- Howard, Courtney	15	ZAM	DNF
			Did not finish
	36.02	1:39.74	

#94 Men 15-16 200 Meter Free

Name	Age	Team	Finals Time
1 Lawson, Matthew	15	ZIM	2:04.12
	28.81	1:00.44	1:32.38
			2:04.12
2 Schultz, Jamie	16	ZIM	2:06.73
	29.12	1:00.72	1:33.08
			2:06.73
3 Wesso, Dean C	15	RSA	2:11.22
	30.35	1:03.17	1:37.06
			2:11.22
4 Mackintosh, Cameron	15	ZAM	2:12.99
	29.78	1:03.02	1:38.14
			2:12.99
5 Schurz, Tim	15	ZAM	2:16.77
	31.56	1:07.09	1:43.47
			2:16.77
6 Newton, Jarryd M	16	RSA	2:17.86
	31.23	1:05.76	1:41.40
			2:17.86
7 Linder, Rasmus	15	TAN	2:22.21
	33.90	1:11.13	1:48.59
			2:22.21
8 Kulikowski, Boris	15	NAM	2:24.31
	33.52	1:10.44	1:48.24
			2:24.31
9 Tivane, Francisco	15	MOZ	2:26.20
	32.18	1:08.62	1:47.17
			2:26.20
10 Beukes, Johannes	16	BOTS	2:28.19
	32.04	1:08.85	1:48.58
			2:28.19
11 Nhlabatsi, Sanele	16	SWZ	2:36.10
	33.96	1:13.33	1:55.66
			2:36.10

#95 Women 17&O 200 Meter Free

Name	Age	Team	Finals Time
1 Franklin, Sharné	18	RSA	2:15.58
	32.15	1:06.92	1:41.44
			2:15.58
2 Ghorpade, Arti	17	IND	2:16.51
	32.30	1:07.09	1:42.26
			2:16.51
3 Kay, Sarah	17	RSA	2:18.91
	32.47	1:07.68	1:43.45
			2:18.91
4 Beukes, Pamelyn	19	BOTS	2:30.33
	33.34	1:10.97	1:50.76
			2:30.33
5 Chinchin, Annabelle	17	MAW	2:32.60
	33.10	1:10.99	1:52.32
			2:32.60
6 Paxinos, Samantha	20	BOTS	2:39.75
	33.52	1:12.50	1:56.31
			2:39.75
7 Dingle, Sandra A	15	ZAM	2:44.67
	36.28	1:17.65	2:01.05
			2:44.67
8 Kastner, Cassandra	17	SWZ	2:45.54
	34.92	1:16.44	2:02.38
			2:45.54
9 Millar, Kirstie	17	MAW	2:46.86
	34.11	1:15.46	2:00.91
			2:46.86

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#95 Women 17&O 200 Meter Free

10 Lourens, Bianca C	13	ZAM	2:54.04
37.12	1:20.86	2:08.62	2:54.04

#96 Men 17&O 200 Meter Free

Name	Age	Team	Finals Time
1 Marais, David	17	RSA	2:06.38
29.51	1:01.96	1:35.37	2:06.38
2 Kruger, Juandre	17	RSA	2:06.67
30.55	1:03.79	1:37.56	2:06.67
3 Maclean, TJ	17	MAW	2:07.14
29.62	1:02.31	1:35.17	2:07.14
4 Stirling, Scott	17	ZIM	2:08.16
29.55	1:02.87	1:36.23	2:08.16
5 Ferris, Timothy	18	ZIM	2:10.09
27.98	1:00.75	1:34.86	2:10.09
6 Wilken, Patrick M	17	ZAM	2:19.88
31.91	1:07.69	1:44.68	2:19.88
7 Nyirenda, Charlton	17	MAW	2:24.23
32.84	1:09.51	1:47.20	2:24.23
8 Xaba, Mduduzi	19	SWZ	2:25.05
31.81	1:10.41	1:50.14	2:25.05
9 Mukuka, Mukuka M	20	ZAM	2:33.79
34.50	1:13.66	1:53.73	2:33.79
10 Kamyuka, John	19	BOTS	2:34.47
30.33	1:08.30	1:51.30	2:34.47
11 Smit, Ben	25	BOTS	2:35.73
32.65	1:11.37	1:53.32	2:35.73
--- Nakabaale, Isaac	31	UGA	DQ
False start			

#97 Women 12&U 200 Meter Back

Name	Age	Team	Finals Time
1 Bique, Jannat	11	MOZ	2:53.81
40.09	1:24.60	2:10.35	2:53.81
2 Bruce, Avalon	12	ZIM	2:55.89
41.63	1:27.11	2:12.87	2:55.89
3 Huddle, Charis	12	ZAM	2:56.67
42.14	1:27.79	2:14.47	2:56.67
4 Van der Venter, Aelke	12	RSA	2:57.94
41.57	1:27.68	2:15.37	2:57.94
5 Stead, Savannah	12	ZIM	2:59.69
41.64	1:27.91	2:15.04	2:59.69
6 Ruele, Naomi	11	BOTS	3:07.99
43.12	1:32.19	2:21.60	3:07.99
7 Dom, Natasha	12	TAN	3:08.29
42.82	1:30.75	2:20.69	3:08.29
8 Tafatatha, Joyce	10	MAW	3:12.90
44.23	1:34.25	2:24.88	3:12.90
9 Schuler-Weltin, Ayla J	12	ZAM	3:19.00
44.25	1:35.14	2:28.73	3:19.00
10 Isikson, Kayleigh	10	MAW	3:26.20
48.31	1:41.84	2:35.33	3:26.20
11 Richter, Aimelee	11	SWZ	3:31.59
46.68	1:41.05	2:37.67	3:31.59
--- Lopes, Demi F	10	RSA	NS

#98 Men 12&U 200 Meter Back

Name	Age	Team	Finals Time
1 Kloppers, Johannes	12	ZIM	2:43.17
38.78	1:20.70	2:01.80	2:43.17
2 Ngoga, Thomas	12	MAW	2:51.78
41.03	1:25.17	2:10.39	2:51.78
3 Fakir, Shakil	11	MOZ	2:52.71
41.28	1:24.64	2:11.34	2:52.71
4 Manisekaran, Thinesh	12	BOTS	2:54.79
40.57	1:25.94	2:11.54	2:54.79
5 Goveia, Ralph W	12	ZAM	2:56.41
41.25	1:26.97	2:14.08	2:56.41
6 Du Toit, Martin	10	BOTS	3:06.14
43.86	1:32.88	2:21.49	3:06.14
7 Burley, Tom	11	UGA	3:07.16
44.05	1:32.58	2:21.64	3:07.16
8 Donker, Tommy	10	MAW	3:09.45
45.43	1:35.09	2:23.61	3:09.45
9 Basson, Alaric B	12	RSA	3:10.96
45.06	1:33.32	2:23.09	3:10.96
10 Gunter, Jandre	12	ZAM	3:12.75
44.22	1:34.05	2:24.87	3:12.75
11 Hawley, Chad	11	SWZ	3:17.06
46.40	1:38.39	2:29.15	3:17.06
--- Lamprecht, Lushano	11	NAM	DQ
45.76	1:35.38	2:23.58	DQ

#99 Women 13-14 200 Meter Back

Name	Age	Team	Finals Time
1 Bhandekar, Kavya	13	IND	2:45.65
37.28	1:20.36	2:04.31	2:45.65
2 Cossa, Jessica	13	MOZ	2:46.83
39.46	1:21.09	2:03.92	2:46.83
3 Findlay, Dani B	14	ZAM	2:47.94
38.54	1:21.54	2:05.64	2:47.94
4 Lanoe, Talisa	14	KEN	2:53.29
38.56	1:21.61	2:07.83	2:53.29
5 Howard, Jade A	13	ZAM	2:56.53
39.45	1:25.03	2:11.75	2:56.53
6 Meadan-Torbitt, Anna	13	NAM	2:56.83
39.57	1:23.98	2:10.94	2:56.83
7 Arendse-Gorvalla, Joy	13	RSA	3:00.92
41.63	1:27.73	2:15.01	3:00.92
8 Brown, Holly	14	ZIM	3:01.18
40.28	1:26.08	2:13.76	3:01.18
9 Millin, Kathryn	14	SWZ	3:01.88
43.69	1:29.67	2:17.14	3:01.88
10 Taute, Shannon	14	ZIM	3:04.18
42.54	1:30.19	2:17.91	3:04.18
11 Walter, Shauna	14	TAN	3:05.43
41.09	1:27.39	2:18.15	3:05.43
12 Salate, Faina	14	MOZ	3:06.57
42.31	1:29.57	2:18.48	3:06.57
13 Chambers, Cydney	14	SWZ	3:09.07
41.83	1:30.02	2:20.66	3:09.07

14 Saywood, Melanie	14	MAW	3:09.35
43.99	1:32.62	2:22.06	3:09.35

#100 Men 13-14 200 Meter Back

Name	Age	Team	Finals Time
1 Finch, Joshua R	13	RSA	2:27.06
35.00	1:12.27	1:50.03	2:27.06
2 Price, Trevor	14	ZIM	2:36.45
36.79	1:18.09	1:59.03	2:36.45
3 Hamer, Hannes	13	SWZ	2:50.44
39.01	1:22.88	2:07.49	2:50.44
4 Marshall, Sloane	13	ZIM	2:55.46
39.96	1:25.46	2:12.75	2:55.46
5 Wilken, Thomas J	14	ZAM	2:56.78
41.28	1:25.20	2:10.66	2:56.78
6 Talbot, Sean	13	BOTS	2:58.24
41.30	1:26.79	2:13.28	2:58.24
7 Coetzee, Jano	14	NAM	3:04.59
41.78	1:28.16	2:16.51	3:04.59
8 du Pont, Quenton	14	SWZ	3:05.47
41.98	1:29.96	2:19.07	3:05.47
9 Chungu, James C	13	ZAM	3:29.05
47.72	1:41.94	2:38.34	3:29.05

#101 Women 15-16 200 Meter Back

Name	Age	Team	Finals Time
1 Plumstead, Hayley P	16	RSA	2:37.12
36.10	1:16.80	1:57.98	2:37.12
2 Carvalho, Ruth	16	ANG	2:44.43
35.36	1:14.95	1:59.49	2:44.43
3 Stagno, Gessica	15	MOZ	2:49.77
40.03	1:22.74	2:06.36	2:49.77
4 Mogne, Tamires	16	MOZ	2:53.86
39.64	1:23.23	2:09.45	2:53.86
5 Viviers, Roxanne	15	ZIM	2:58.47
40.83	1:26.71	2:14.26	2:58.47
6 Stack, Anne	15	ZIM	3:00.28
42.99	1:28.57	2:14.87	3:00.28
7 Dlamini, Senele	16	SWZ	3:04.19
41.98	1:28.94	2:17.92	3:04.19
8 Jordaan, Michelle M	15	ZAM	3:07.77
42.44	1:30.16	2:19.98	3:07.77
9 Taylor, Jasmin A	15	ZAM	3:08.68
42.00	1:29.47	2:20.36	3:08.68
10 Walker, Gemma	15	MAW	3:08.85
43.70	1:31.82	2:22.21	3:08.85

#102 Men 15-16 200 Meter Back

Name	Age	Team	Finals Time
1 Maclean, Mitch	16	MAW	2:28.25
34.91	1:11.90	1:50.33	2:28.25
2 Schurz, Tim	15	ZAM	2:35.86
36.59	1:16.60	1:57.31	2:35.86
3 Schultz, Jamie	16	ZIM	2:35.96
36.04	1:16.54	1:58.18	2:35.96
4 Lourenco, Marco	16	BOTS	2:39.20
36.64	1:17.71	1:59.31	2:39.20

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#102 Men 15-16 200 Meter Back

Name	Age	Team	Finals Time
5 Mackintosh, Cameron	15	ZAM	2:41.90
	36.92	1:18.04	2:00.38
			2:41.90
6 Alberto, Carlos	15	ANG	2:43.80
	36.20	1:17.08	2:00.31
			2:43.80
7 Linder, Rasmus	15	TAN	2:44.92
	37.58	1:18.81	2:01.75
			2:44.92
8 Maepa, Maziya G	15	RSA	2:50.82
	40.24	1:23.24	2:07.17
			2:50.82
9 Nhlabatsi, Sanele	16	SWZ	3:23.34
	46.93	1:39.74	2:32.73
			3:23.34
--- Yeomans, Gareth	16	ZIM	DQ
Head did not break the surface by 15 meters			
	35.73	1:16.14	1:59.20
			DQ

#103 Women 17&O 200 Meter Back

Name	Age	Team	Finals Time
1 Ghorpade, Arti	17	IND	2:39.55
	37.22	1:17.20	1:58.90
			2:39.55
2 Beukes, Pameilyn	19	BOTS	2:46.69
	38.36	1:19.95	2:03.75
			2:46.69
3 Chinchon, Annabelle	17	MAW	3:02.18
	40.72	1:27.04	2:16.01
			3:02.18
4 Millar, Kirstie	17	MAW	3:03.81
	41.07	1:26.89	2:16.98
			3:03.81
5 Kastner, Cassandra	17	SWZ	3:08.65
	43.62	1:32.37	2:21.57
			3:08.65
6 Lourens, Bianca C	13	ZAM	3:09.50
	45.08	1:33.69	2:23.66
			3:09.50
7 Weltin, Tonia N	38	ZAM	3:14.10
	44.77	1:34.23	2:24.55
			3:14.10

#104 Men 17&O 200 Meter Back

Name	Age	Team	Finals Time
1 Marais, David	17	RSA	2:24.11
	33.90	1:10.87	1:48.39
			2:24.11
2 Maclean, TJ	17	MAW	2:28.63
	34.84	1:12.98	1:51.37
			2:28.63
3 Derry, Alexander	19	ZIM	2:30.23
	34.97	1:13.23	1:52.92
			2:30.23
4 Mweetwa, Milimo	19	ZAM	2:30.41
	33.30	1:11.84	1:52.76
			2:30.41
5 Desmond, Timothy T	18	ZIM	2:33.72
	35.37	1:14.23	1:53.49
			2:33.72
6 McGrath, Nathan	17	MAW	2:40.56
	38.28	1:19.29	2:01.43
			2:40.56
7 Xaba, Mduduzi	19	SWZ	2:57.35
	39.27	1:25.74	2:14.04
			2:57.35
8 Sililo, Mmbalo S	19	ZAM	2:58.55
	40.42	1:26.25	2:13.60
			2:58.55

#105 Women 10&U 100 Meter Breast

Name	Age	Team	Finals Time
1 Hadebe, Khethiwe U	10	RSA	1:31.25
	43.40	1:31.25	

2 Bosma, Caitlin B	10	RSA	1:36.57
	46.06	1:36.57	
3 Van Der Nest, Niamh	10	ZIM	1:38.07
	47.90	1:38.07	
4 Bonders, Paula	10	UGA	1:38.97
	46.64	1:38.97	
5 Tafatatha, Joyce	10	MAW	1:41.05
	48.44	1:41.05	
6 Tuteja, Rhea	10	ZAM	1:41.63
	46.72	1:41.63	
7 Kamau, Rebecca	10	KEN	1:43.42
	49.33	1:43.42	
8 Muhebwa, Tyler Sharc	10	UGA	1:44.09
	50.40	1:44.09	
9 Lee, Robyn	10	ZIM	1:45.08
	49.60	1:45.08	
10 Fields, Anita	10	KEN	1:48.37
	51.61	1:48.37	
11 Huddle, Naomi	10	ZAM	1:50.62
	52.14	1:50.62	
12 Gil, Paula	10	BOTS	1:50.76
	50.46	1:50.76	
13 Duke, Saskia	10	BOTS	1:51.04
	53.57	1:51.04	
14 Almoco, Macrina	10	MOZ	1:52.52
15 Manning, Nicola	9	TAN	1:52.59
	55.42	1:52.59	
16 Here, Melina	10	MOZ	2:01.53
	56.39	2:01.53	

#106 Men 10&U 100 Meter Breast

Name	Age	Team	Finals Time
1 Koekemoer, MJ J	10	RSA	1:29.15
	43.01	1:29.15	
*2 Bique, Ahllan	9	MOZ	1:35.09
	45.57	1:35.09	
*2 Ndonga, Samual	10	KEN	1:35.09
	45.44	1:35.09	
4 Matija, Kitso	10	BOTS	1:35.64
	47.08	1:35.64	
5 Brown, Andrew E	10	RSA	1:39.13
	47.28	1:39.13	
6 Bradford, Sam	10	ZIM	1:40.67
	48.97	1:40.67	
7 Frost, Sheldon	10	BOTS	1:44.69
	49.05	1:44.69	
8 Cyprianos, Brendon	10	ZIM	1:46.24
	52.70	1:46.24	
9 Ekirikubinza, Elisah	10	UGA	1:47.55
	52.76	1:47.55	
10 McGarth, Martyn	10	MAW	1:47.73
	53.04	1:47.73	
11 Stulich, Jordan	10	MAW	1:48.14
	53.79	1:48.14	
12 Muhebwa, Theodore	9	UGA	1:49.48
	53.26	1:49.48	

13 Matiba, Martyn	10	KEN	1:50.08
	51.65	1:50.08	
14 Tavares, Jalik	9	MOZ	1:50.38
	52.80	1:50.38	
15 Reeves, Andre	10	ZAM	1:52.14
	54.43	1:52.14	
--- Mataka, Mapolo	10	ZAM	DQ
Arms two strokes underwater			
	1:01.87	DQ	

#107 Women 11-12 100 Meter Breast

Name	Age	Team	Finals Time
1 Hess, Nina	12	RSA	1:22.61
	39.86	1:22.61	
2 Lunkuse, Jamila	12	UGA	1:25.63
	39.03	1:25.63	
3 Van der Venter, Aelke	12	RSA	1:26.95
	41.10	1:26.95	
4 Stead, Savannah	12	ZIM	1:27.02
	40.90	1:27.02	
5 Lindsay-White, Kende	12	ZIM	1:27.05
	42.30	1:27.05	
6 Saleh, Sehar	12	KEN	1:28.17
	41.33	1:28.17	
7 Paljk, Tilka	11	ZAM	1:30.85
	43.06	1:30.85	
8 Schuler-Weltin, Ayla J	12	ZAM	1:31.74
	42.11	1:31.74	
9 Gauna, Gina	12	MAW	1:37.18
	47.04	1:37.18	
10 Van Droogenbroeck, J	11	UGA	1:38.30
	47.29	1:38.30	
11 Buchanan, Macayla	12	TAN	1:39.63
	47.35	1:39.63	
12 Richter, Aimelee	11	SWZ	1:40.15
	48.41	1:40.15	
13 Louw, Anina	12	SWZ	1:40.92
	47.62	1:40.92	
14 White, Molly	12	BOTS	1:41.65
	47.85	1:41.65	
15 Munna, Courtney	12	BOTS	1:43.78
	48.31	1:43.78	
16 Shah, Khyati	12	KEN	1:44.29
	47.93	1:44.29	
17 Saword, Chikondi	12	MAW	1:55.73
	52.40	1:55.73	
--- Opperman, Reine	11	TAN	DQ
	49.27	DQ	
--- Francisco, Justania	12	MOZ	NS

#108 Men 11-12 100 Meter Breast

Name	Age	Team	Finals Time
1 Basson, Alaric B	12	RSA	1:23.30
	39.60	1:23.30	
2 Basson, Alard D	12	RSA	1:23.89
	38.55	1:23.89	

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#108 Men 11-12 100 Meter Breast

Name	Age	Team	Finals Time
3 Molefinyane, Kgosi	12	BOTS	1:25.87
	41.15		1:25.87
4 Ngoga, Thomas	12	MAW	1:26.25
	40.67		1:26.25
5 Goveia, Ralph W	12	ZAM	1:26.66
	40.45		1:26.66
6 Pritchard, Connor	12	ZIM	1:26.97
	40.16		1:26.97
7 Vaghela, Shivraj	12	KEN	1:30.65
	41.73		1:30.65
8 Hawley, Chad	11	SWZ	1:34.18
	44.24		1:34.18
9 Briscoe, Steven	12	BOTS	1:34.56
	42.91		1:34.56
10 Ekirikubinza, Joshua	12	UGA	1:37.49
	45.00		1:37.49
11 Burley, Tom	11	UGA	1:40.38
	46.60		1:40.38
12 Doyle, Liam J	11	ZAM	1:42.66
	48.65		1:42.66
13 Richter, GJ	12	SWZ	1:48.21
	50.40		1:48.21
--- Fakir, Shakil	11	MOZ	NS

#109 Women 13-14 100 Meter Breast

Name	Age	Team	Finals Time
1 Rubia, Noni T	13	RSA	1:23.31
	38.88		1:23.31
2 Findlay, Dani B	14	ZAM	1:28.95
	41.77		1:28.95
3 Howard, Jade A	13	ZAM	1:29.78
	41.88		1:29.78
4 Schalken, Frederike	13	NAM	1:30.08
	43.44		1:30.08
5 Bond, Amy	14	ZIM	1:30.29
	40.93		1:30.29
6 Henriques, Mariana	14	ANG	1:30.47
	41.32		1:30.47
7 Cossa, Jessica	13	MOZ	1:31.34
	42.67		1:31.34
8 Millin, Kathryn	14	SWZ	1:31.49
	43.80		1:31.49
9 Oruya, Soraya	14	KEN	1:33.99
	44.49		1:33.99
10 Imsirovic, Bonita	13	BOTS	1:34.56
	44.57		1:34.56
11 Sonia, Cege	14	KEN	1:35.44
	44.70		1:35.44
12 Saywood, Melanie	14	MAW	1:36.04
	46.42		1:36.04
13 Salate, Faina	14	MOZ	1:36.51
	44.53		1:36.51
14 Fom, Mariam	14	TAN	1:36.74
	45.40		1:36.74

15 Meadan-Torbitt, Anna	13	NAM	1:38.12
	46.40		1:38.12
16 Ebineng, Duduetsang	13	BOTS	1:38.22
	45.90		1:38.22
17 Chambers, Cydney	14	SWZ	1:40.81
	47.00		1:40.81
18 Adams, Maya	13	UGA	1:45.80
	49.61		1:45.80
--- Esterl, Nadine	14	MAW	DQ
	One hand touch		
	38.88	DQ	

#110 Men 13-14 100 Meter Breast

Name	Age	Team	Finals Time
1 Milakhe, Brendan B	14	RSA	1:16.17
	36.89		1:16.17
2 Lawson, James	13	ZIM	1:16.19
	36.02		1:16.19
3 Duers, Ryan	14	MAW	1:16.50
	37.15		1:16.50
4 Rosser, Dylan	13	ZIM	1:17.56
	37.49		1:17.56
5 Kurukulasooriya, Ash	13	BOTS	1:18.62
	37.51		1:18.62
6 Silent, Josh R	14	RSA	1:21.60
	38.79		1:21.60
7 du Pont, Quenton	14	SWZ	1:26.25
	40.13		1:26.25
8 Wilken, Thomas J	14	ZAM	1:26.53
	40.58		1:26.53
9 Hamer, Hannes	13	SWZ	1:29.50
	41.38		1:29.50
10 Lamprecht, Christiaan	13	NAM	1:30.38
	42.31		1:30.38
11 Bhandhair-Singh, Mur	13	ZAM	1:30.86
	43.24		1:30.86
12 Talbot, Sean	13	BOTS	1:32.43
	42.43		1:32.43
13 Lifa, Brave	14	MAW	1:47.37
	48.68		1:47.37

#111 Women 15-16 100 Meter Breast

Name	Age	Team	Finals Time
1 Lindemeier, Daniela	16	NAM	1:17.75
	37.19		1:17.75
2 Plumstead, Hayley P	16	RSA	1:20.59
	38.00		1:20.59
3 Moir, Crystal	15	ZAM	1:23.74
	38.84		1:23.74
4 Stack, Anne	15	ZIM	1:25.94
	40.99		1:25.94
5 McGrath, Camilla	16	MAW	1:32.05
	42.58		1:32.05
6 Langton, Ashley	15	ZIM	1:33.30
	43.53		1:33.30
7 Dlamini, Senele	16	SWZ	1:34.99
	44.93		1:34.99

8 Archer, Elisa	15	MOZ	1:38.19
	45.71		1:38.19
9 Weya, Samantha	16	KEN	1:39.05
	46.16		1:39.05
10 Howard, Courtney	15	ZAM	1:41.69
	48.14		1:41.69
11 Van Der Colff, Deandi	15	BOTS	1:44.63
	48.22		1:44.63
--- Mogne, Tamires	16	MOZ	NS

#112 Men 15-16 100 Meter Breast

Name	Age	Team	Finals Time
1 Rosser, Drew	15	ZIM	1:14.56
	35.38		1:14.56
2 Zinyemba, Tatenda	15	ZIM	1:14.80
	34.86		1:14.80
3 Newton, Jarryd M	16	RSA	1:15.21
	35.39		1:15.21
4 Kulikowski, Boris	15	NAM	1:16.36
	37.20		1:16.36
5 Mukuka, Chishala M	15	ZAM	1:16.81
	35.57		1:16.81
6 Kakooza, Sharif	16	UGA	1:18.53
	36.88		1:18.53
7 Maepa, Maziya G	15	RSA	1:19.30
	36.65		1:19.30
8 Beukes, Johannes	16	BOTS	1:19.93
	37.41		1:19.93
9 Bhandhair-Singh, Jasb	15	ZAM	1:21.72
	37.05		1:21.72
10 Tivane, Francisco	15	MOZ	1:21.77
	37.63		1:21.77
11 Nhlabatsi, Sanele	16	SWZ	1:23.27
	38.74		1:23.27
12 Shah, Akshay	16	KEN	1:23.85
	37.81		1:23.85
13 Odede, Anthony	16	KEN	1:27.81
	40.60		1:27.81
14 Daisuke, Ronald	15	UGA	1:28.18
	39.97		1:28.18

#113 Women 17&O 100 Meter Breast

Name	Age	Team	Finals Time
1 Franklin, Sharné	18	RSA	1:21.39
	38.23		1:21.39
2 Beukes, Pamelyn	19	BOTS	1:25.84
	41.25		1:25.84
3 Kay, Sarah	17	RSA	1:26.14
	41.17		1:26.14
4 Craig, Christy	17	ZAM	1:34.61
	43.18		1:34.61
5 Weltin, Tonia N	38	ZAM	1:38.15
	47.07		1:38.15
6 Kastner, Cassandra	17	SWZ	1:40.41
	45.63		1:40.41

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#114 Men 17&O 100 Meter Breast

Name	Age	Team	Finals Time
1 Ferris, Timothy	18	ZIM	1:11.59
	34.36	1:11.59	
2 Derry, Alexander	19	ZIM	1:12.65
	33.47	1:12.65	
3 Kruger, Juandre	17	RSA	1:15.02
	36.88	1:15.02	
4 McGrath, Nathan	17	MAW	1:17.37
	36.50	1:17.37	
5 Watson, Shaun P	25	BOTS	1:19.27
	36.95	1:19.27	
6 Sililo, Mmbalo S	19	ZAM	1:24.81
	38.51	1:24.81	
7 Boitumelo, Balesang	28	BOTS	1:28.55
	40.80	1:28.55	
8 Mapunda, Salum	23	TAN	1:30.67
	42.34	1:30.67	
9 Xaba, Mduduzi	19	SWZ	1:31.21
	43.49	1:31.21	
10 Makere, Samson	33	TAN	1:32.54
	41.81	1:32.54	
--- Thompson, Mark P	18	ZAM	DQ
	36.14	DQ	

#115 Women 10&U 50 Meter Free

Name	Age	Team	Finals Time
1 Lopes, Demi F	10	RSA	31.06
2 Crow, Caitlin A	10	RSA	32.45
3 Tafatatha, Joyce	10	MAW	32.73
4 Bonders, Paula	10	UGA	34.49
5 Lee, Robyn	10	ZIM	34.60
6 Mutangadura, Ratidzo	10	ZIM	34.97
7 Van Hoppe, Stephanie	10	TAN	36.38
8 Muhebwa, Tyler Sharc	10	UGA	36.42
9 Ngini, Alexandra	10	KEN	36.59
10 Tuteja, Rhea	10	ZAM	36.63
11 Simmans, Jodie	10	BOTS	36.64
12 Chirambo, Yalenga	10	MAW	36.65
13 Duke, Saskia	10	BOTS	37.22
14 Michaelo, Ambaar	10	KEN	38.13
15 Findlay, Crystal E	9	ZAM	40.09
16 Mabota, Matilde	10	MOZ	40.96
17 Almoco, Macrina	10	MOZ	41.71

#116 Men 10&U 50 Meter Free

Name	Age	Team	Finals Time
1 Panzera, Trent A	10	RSA	31.78
2 Janse Van Rensburg, I	10	RSA	32.67
3 Cuna, Emidio	10	MOZ	33.05
4 Matiba, Martyn	10	KEN	33.43
5 Ndonga, Samual	10	KEN	34.27
6 Matija, Kitso	10	BOTS	34.61
7 Muhebwa, Theodore	9	UGA	34.87
8 Bradford, Sam	10	ZIM	35.10
9 Cyprianos, Brendon	10	ZIM	35.70

10 Donker, Tommy	10	MAW	35.99
11 Bique, Ahllan	9	MOZ	37.22
12 Frost, Sheldon	10	BOTS	37.29
13 Dom, Christian	9	TAN	37.34
14 Stulich, Jordan	10	MAW	37.72
15 Zulu, Zacharia	7	ZAM	40.16
16 Reeves, Andre	10	ZAM	40.38

#117 Women 11-12 50 Meter Free

Name	Age	Team	Finals Time
1 Wood, Zeena P	12	RSA	30.87
2 Huddle, Charis	12	ZAM	30.89
3 Catterall, Bree	11	ZIM	31.03
4 Hess, Nina	12	RSA	31.70
5 Lunkuse, Jamila	12	UGA	32.12
6 Opiyo, Martha	11	KEN	32.45
7 Chungu, Jasmine P	12	ZAM	32.71
8 Ebineng, Seabe	11	BOTS	33.04
9 Matija, Tara	12	BOTS	33.23
10 Saleh, Sehar	12	KEN	33.57
11 Richter, Aimelee	11	SWZ	33.82
12 Pinto, Ammara	12	MAW	33.99
13 Bruce, Avalon	12	ZIM	34.38
14 Van Droogenbroeck, J	11	UGA	34.74
15 Dom, Natasha	12	TAN	35.59
16 Louw, Anina	12	SWZ	36.33
17 Buchanan, Macayla	12	TAN	36.96
18 Gauna, Gina	12	MAW	37.45
--- Francisco, Justania	12	MOZ	NS
--- Bique, Jannat	11	MOZ	NS

#118 Men 11-12 50 Meter Free

Name	Age	Team	Finals Time
1 Gomes, Nuno	12	MOZ	27.69
2 Molefinyane, Kgosi	12	BOTS	28.99
3 Ngoga, Thomas	12	MAW	29.30
4 Ngwenya, Lebo	12	ZIM	29.56
5 Basson, Alard D	12	RSA	29.58
6 Manisekaran, Thinesh	12	BOTS	30.03
7 Davids, Tashreeq T	12	RSA	30.42
8 Fakir, Shakil	11	MOZ	30.71
9 Berkarma, Devon	12	ZAM	31.09
10 Vaghela, Shivraj	12	KEN	31.10
11 Nugent, Anthony	12	UGA	31.31
12 Pritchard, Connor	12	ZIM	31.33
13 Gunter, Jandre	12	ZAM	32.65
14 Hawley, Chad	11	SWZ	33.33
15 Richter, GJ	12	SWZ	33.45
16 Ekirikubinza, Joshua	12	UGA	33.52
17 Lamprecht, Lushano	11	NAM	36.86

#119 Women 13-14 50 Meter Free

Name	Age	Team	Finals Time
1 Millin, Kathryn	14	SWZ	28.86
2 Maclean, Jessie	14	MAW	29.41
3 Esterl, Nadine	14	MAW	29.93
4 Findlay, Dani B	14	ZAM	30.51

5 Taute, Shannon	14	ZIM	30.94
6 Lourens, Choolwe E	13	ZAM	31.17
7 Williams, Tara	13	BOTS	31.21
8 Chambers, Cydney	14	SWZ	31.54
9 Arendse-Gorvala, Joy	13	RSA	31.79
10 Rubia, Noni T	13	RSA	31.81
11 Cossa, Jessica	13	MOZ	31.94
12 Oruya, Soraya	14	KEN	32.04
13 Brown, Holly	14	ZIM	32.55
14 Walter, Shauna	14	TAN	32.58
15 Kelly, Emma	13	TAN	32.75
16 Kleynhans, Dalene	13	BOTS	32.98
17 Sonia, Cege	14	KEN	33.09
18 Schalken, Frederike	13	NAM	33.20
19 Meadan-Torbitt, Anna	13	NAM	33.29
20 Henriques, Mariana	14	ANG	33.43
21 Adams, Maya	13	UGA	37.93
--- Lubega, Annabel	13	UGA	NS

#120 Men 13-14 50 Meter Free

Name	Age	Team	Finals Time
1 Marshall, Sloane	13	ZIM	26.73
2 Milakhe, Brendan B	14	RSA	27.24
3 du Pont, Quenton	14	SWZ	27.35
4 Webb, David	14	MAW	27.52
5 Rosser, Dylan	13	ZIM	28.05
6 Van Schalkwyk, Morn	14	RSA	28.10
7 Coroa, Edson	14	MOZ	28.49
8 Wilken, Thomas J	14	ZAM	28.84
9 Champier, Claude	13	MOZ	29.12
10 Kurukulasooriya, Ashc	13	BOTS	30.13
11 Coetzee, Jano	14	NAM	30.15
12 Hamer, Hannes	13	SWZ	30.44
13 Engelbrecht, Christiaan	14	BOTS	30.45
14 Duers, Ryan	14	MAW	31.09
15 Lamprecht, Christiaan	13	NAM	31.21
16 Bhandhair-Singh, Mur	13	ZAM	32.16

#121 Women 15-16 50 Meter Free

Name	Age	Team	Finals Time
1 Dlamini, Senele	16	SWZ	28.38
2 Plumstead, Hayley P	16	RSA	28.86
3 Grendon, Daena	16	ZAM	30.01
4 Viviers, Roxanne	15	ZIM	30.07
5 Viljoen, Michelle	16	BOTS	30.21
6 Stagno, Gessica	15	MOZ	30.29
7 Archer, Elisa	15	MOZ	30.93
8 Whitehead, Lauren	16	ZIM	31.09
9 Kopsieker, Lisa	16	KEN	31.15
10 Pinto, Zahra	15	MAW	31.91
11 Walker, Gemma	15	MAW	32.03
12 Moir, Crystal	15	ZAM	32.08
13 Chabedi, Reabetswe	15	RSA	32.46
14 Van Der Colff, Deandri	15	BOTS	33.25

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#122 Men 15-16 50 Meter Free

Name	Age	Team	Finals Time
1 Schultz, Jamie	16	ZIM	25.93
2 Rosser, Drew	15	ZIM	26.20
3 Newton, Jarryd M	16	RSA	26.76
4 Mackintosh, Cameron	15	ZAM	26.79
5 Schurz, Tim	15	ZAM	26.88
6 Nhlabatsi, Sanele	16	SWZ	27.35
7 Lourenco, Valdo	16	MOZ	27.51
8 Fredericks, Kern C	16	RSA	27.60
9 Maclean, Mitch	16	MAW	28.03
10 Linder, Rasmus	15	TAN	28.07
11 Alberto, Carlos	15	ANG	28.10
12 Lourenco, Marco	16	BOTS	28.42
13 Tivane, Francisco	15	MOZ	28.45
14 Beukes, Johannes	16	BOTS	28.73
15 Odede, Anthony	16	KEN	28.87
16 Daisuke, Ronald	15	UGA	28.97
17 Kulikowski, Boris	15	NAM	29.10
18 Otieno, Nigel	16	KEN	29.65
19 Kakooza, Sharif	16	UGA	30.38
20 Teixeira, Pavel	15	ANG	36.93

#123 Women 17&O 50 Meter Free

Name	Age	Team	Finals Time
1 Plumstead, Keri J	18	RSA	27.65
2 Franklin, Sharné	18	RSA	29.16
3 Paxinos, Samantha	20	BOTS	30.13
4 Chinchin, Annabelle	17	MAW	30.42
5 Beukes, Pamelyn	19	BOTS	31.01
6 Lourens, Bianca C	13	ZAM	31.48
7 Kastner, Cassandra	17	SWZ	32.12
8 Millar, Kirstie	17	MAW	32.40
9 Dingle, Sandra A	15	ZAM	33.11

#124 Men 17&O 50 Meter Free

Name	Age	Team	Finals Time
1 Ferris, Timothy	18	ZIM	24.59
2 Gibson, Mathew	26	BOTS	25.67
3 Kruger, Juandre	17	RSA	25.97
4 Marais, David	17	RSA	25.99
5 Mweetwa, Milimo	19	ZAM	26.24
6 Stirling, Scott	17	ZIM	26.27
7 Xaba, Mduduzi	19	SWZ	26.47
8 Maclean, TJ	17	MAW	26.57
9 Kamyuka, John	19	BOTS	27.28
10 Thompson, Mark P	18	ZAM	27.42
11 McGrath, Nathan	17	MAW	27.59
12 Wasswa, Albert	20	UGA	28.32
13 Rushaka, Khalid	28	TAN	29.28
14 Mapunda, Salum	23	TAN	30.91
15 Nakabaale, Isaac	31	UGA	33.16

#125 Women 14&U 200 Meter Fly

Name	Age	Team	Finals Time	
1 Arendse-Gorvalla, Joy	13	RSA	2:44.72	
	35.07	1:16.50	2:00.03	2:44.72

2 Lourenco, Raquel	13	MOZ	2:50.37	
	35.67	1:17.62	2:04.73	2:50.37
3 Van der Venter, Aelke	12	RSA	3:09.94	
	39.21	1:27.53	2:20.32	3:09.94
4 Maclean, Jessie	14	MAW	3:13.04	
	40.89	1:31.33	2:23.18	3:13.04
5 Bique, Jannat	11	MOZ	3:15.33	
	40.25	1:31.52	2:24.09	3:15.33
6 Bruce, Avalon	12	ZIM	3:16.65	
	42.47	1:33.20	2:26.13	3:16.65
7 Schuler-Weltin, Ayla J	12	ZAM	3:29.76	
	42.70	1:37.25	2:33.36	3:29.76
8 Chambers, Cydney	14	SWZ	3:35.20	
	43.62	1:36.54	2:34.89	3:35.20
9 Tafatatha, Joyce	10	MAW	3:45.73	
	45.36	1:45.90	2:47.83	3:45.73
--- Taute, Shannon	14	ZIM	DQ	
		One hand touch		
	37.55	1:22.58	2:08.88	DQ
--- Millin, Kathryn	14	SWZ	DQ	
	41.31	1:29.47	2:21.11	DQ

#126 Men 14&U 200 Meter Fly

Name	Age	Team	Finals Time	
1 Van Schalkwyk, Morn	14	RSA	2:31.62	
	33.71	1:11.14	1:51.11	2:31.62
2 Finch, Joshua R	13	RSA	2:32.77	
	33.69	1:13.36	1:53.10	2:32.77
3 Gomes, Nuno	12	MOZ	2:47.44	
	34.94	1:16.59	2:01.73	2:47.44
4 Mogne, Igor	12	MOZ	3:06.31	
	37.46	1:26.31	2:18.05	3:06.31
5 du Pont, Quenton	14	SWZ	3:19.75	
	41.03	1:31.38	2:27.46	3:19.75

#127 Women 15-16 200 Meter Fly

Name	Age	Team	Finals Time	
1 Lindemeier, Daniela	16	NAM	2:40.93	
	34.03	1:14.91	1:58.65	2:40.93
2 Stagno, Gessica	15	MOZ	2:57.07	
	36.59	1:22.87	2:11.01	2:57.07
3 Dlamini, Senele	16	SWZ	3:26.38	
	42.13	1:37.37	2:36.02	3:26.38
4 Mogne, Tamires	16	MOZ	3:30.12	
	39.11	1:29.09	2:28.18	3:30.12

#128 Men 15-16 200 Meter Fly

Name	Age	Team	Finals Time	
1 Wesso, Dean C	15	RSA	2:17.36	
	31.26	1:06.17	1:41.60	2:17.36
2 Lawson, Matthew	15	ZIM	2:19.30	
	31.51	1:06.55	1:42.36	2:19.30
3 Schultz, Jamie	16	ZIM	2:34.02	
	31.72	1:10.82	1:53.03	2:34.02
4 Schurz, Tim	15	ZAM	2:38.66	
	33.12	1:13.95	1:56.67	2:38.66

5 Lourenco, Valdo	16	MOZ	2:45.18	
	33.35	1:12.74	1:55.30	2:45.18
6 Teixeira, Pavel	15	ANG	2:47.25	
	32.23	1:12.59	1:59.89	2:47.25
7 Maclean, Mitch	16	MAW	2:49.44	
	36.46	1:18.71	2:04.26	2:49.44
8 Smith, Hano	16	ZAM	3:03.25	
	33.63	1:17.81	2:12.82	3:03.25

#129 Women 17&O 200 Meter Fly

Name	Age	Team	Finals Time	
1 Kay, Sarah	17	RSA	2:24.51	
	31.97	1:08.64	1:46.21	2:24.51
2 Franklin, Sharné	18	RSA	2:35.07	
	33.02	1:10.93	1:52.57	2:35.07
3 Ghorpade, Arti	17	IND	2:53.81	
	35.19	1:19.42	2:06.27	2:53.81
4 Dingle, Sandra A	15	ZAM	3:06.32	
	37.56	1:25.79	2:14.64	3:06.32

#130 Men 17&O 200 Meter Fly

Name	Age	Team	Finals Time	
1 Kruger, Juandre	17	RSA	2:21.53	
	31.96	1:09.69	1:47.46	2:21.53
2 Desmond, Timothy T	18	ZIM	2:26.01	
	34.09	1:11.80	1:49.48	2:26.01
3 Maclean, TJ	17	MAW	2:31.80	
	32.29	1:10.09	1:50.19	2:31.80
4 Stirling, Scott	17	ZIM	2:38.76	
	32.61	1:13.42	1:56.77	2:38.76
5 Nyirenda, Charlton	17	MAW	2:57.44	
	34.87	1:17.22	2:06.28	2:57.44
6 Xaba, Mduduzi	19	SWZ	2:57.99	
	34.34	1:22.41	2:12.40	2:57.99
--- Sililo, Mmbalo S	19	ZAM	DQ	
		Arms underwater recovery		
	37.42	1:28.98	2:23.51	DQ